

L-Theanine is an amino acid which is commonly found in green tea. It plays a key role in mood support and interacts with the neurotransmitter GABA (gamma aminobutyric acid). GABA is an inhibitory neurotransmitter important for nervous system function. Supplementation with L-Theanine can help promote a calm, relaxed mood.* This formulation provides Free Form, patented L-Theanine as Suntheanine® to promote optimal absorption and assimilation.*

Solgar's KOF-K certification #K-1250

Carefully Manufactured by:
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SOLGB72706 02D



Since 1947

L-THEANINE 150 MG

FREE FORM
MOOD SUPPORT*
PROMOTES RELAXATION*

Non-GMO
GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGANS

60 VEGETABLE CAPSULES

DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving

Suntheanine® 150 mg**
L-Theanine (Free Form)

**Daily Value not established

Other Ingredients: Vegetable Cellulose, Microcrystalline Cellulose, Silica, Vegetable Magnesium Stearate.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

Suntheanine® is a registered trademark of Taiyo International, Inc.

SUGGESTED USE: As a dietary supplement for adults, take one (1) vegetable capsule twice daily, between meals, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

