

Exclusively backed by TRUE GUARANTEE™

- ✓ **TRUE POTENCY™** ensures 35 billion CFUs per capsule for the entire shelf life
- ✓ **TRUE IDENTITY™** ensures only the strains listed on the label are found in the product
- ✓ **TRUE RELEASE™** enteric-coating ensures stomach acid survival and intestinal delivery

- 14 strain formula designed to meet the needs of all ages
- With NutraFlora® scFOS® — the preferred probiotic food source
- Suitable for vegetarians

◆ LN15653.B04 87121328

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

NutraFlora® and scFOS® are registered trademarks of Ingredion.

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Unique Advantages of Fortify™ Optima®

- Offers a diverse and unique probiotic and prebiotic combination
- 35 billion CFUs (colony forming units) per capsule of 14 synergistic strains
- Designed to meet the needs of all ages
- With NutraFlora® scFOS®
- Suitable for vegetarians



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ONCE
DAILY

fortify™
Optima®
PROBIOTIC

14 STRAIN BLEND
With scFOS®

TRUE IDENTITY™
TRUE RELEASE™
Enteric-Coated

60 Vegetarian Capsules



for All Ages

DIETARY SUPPLEMENT

for Healthy
Digestive Flora®

Replenish Microflora with Fortify™ Optima®

Fortify Optima is a potent (35 billion CFUs) and diverse (14 strains) formula of probiotics for intestinal microflora.*

Why 14 probiotic strains?

- Like a fingerprint, each individual has a unique balance of strains in their microflora
- Fortify Optima provides a broad diversity of strains commonly found in the human digestive tract
- Each strain provides its own unique benefits

With NutraFlora® scFOS®

- Unique "short-chain" form of FOS
- Preferred food source for microflora
- Promotes microflora growth & colonization*
- More effective than other FOS forms

Importance of Microflora

The "friendly" bacteria of the intestinal tract are essential to good health because they:

- Secrete enzymes to aid proper digestion*
- Support immune health*

Stress, poor diet, age and changes in lifestyle can adversely affect microflora.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Recommendation: Take 1 capsule daily. If pregnant, nursing, or taking any medications, consult a healthcare professional before use. **Keep refrigerated to maintain maximum potency.**

Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% DV
Proprietary Probiotic Blend	262 mg**
Providing 35 Billion CFU	
<i>Lactobacillus plantarum</i> - 119; <i>L. casei</i> - 108; <i>Bifidobacterium breve</i> - 129; <i>L. acidophilus</i> - 122; <i>L. rhamnosus</i> - 111; <i>L. paracasei</i> - 186; <i>B. longum</i> - 135; <i>L. rhamnosus</i> - 114; <i>B. bifidum</i> - 132; <i>Streptococcus thermophilus</i> - 110; <i>B. infantis</i> - 116; <i>L. delbrueckii subsp. bulgaricus</i> - 137; <i>L. helveticus</i> - 501; <i>L. salivarius</i> - 118	
NutraFlora® scFOS® (short-chain fructooligosaccharides)	102 mg**

**Daily Value (DV) not established.

Other ingredients: potato starch, plant-derived capsule (hypromellose), aqueous-esteric coating (hypromellose), magnesium stearate, ethylcellulose, sodium alginate, ascorbic acid, medium-chain triglycerides, oleic acid, stearic acid.

Contains milk and soy.

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ONCE
DAILY

NEW LOOK
SAME POWERFUL FORMULA

for Healthy
Digestive Flora®

fortify™
Optima®
PROBIOTIC

14 PROBIOTIC STRAINS With NutraFlora® scFOS® Synergistic Action

TRUE IDENTITY™
Lactobacillus &
Bifidobacterium
Super Blend



TRUE RELEASE™
Targeted Delivery
Enteric-Coated

for All Ages

60 Vegetarian Capsules

DIETARY SUPPLEMENT

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NEW LOOK
SAME POWERFUL FORMULA

**SYNERGISTIC
PROBIOTIC**

More Strains than
Other Brands

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