

Ocular Pressure & Retina Defense™ contains Mirtogenol®, shown in one clinical study to promote normal levels of intraocular pressure.[†]

UNCONDITIONALLY GUARANTEED for purity and potency. Store with cap tightly closed in a cool, dry place.

Mirtogenol® is a registered trademark of Horphag Research and Indena and is protected by international and pending patents.

Mirtoselect® is a registered trademark of Indena S.p.A.

Pycnogenol® is a registered trademark of Horphag Research Ltd.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Distributed by
Healthy Directions,
Bethesda, MD 20817
www.healthydirections.com

WHITAKER NUTRITION

Ocular Pressure & Retina Defense™

Clinically studied
to support
healthy
intraocular
pressure[†]



Dietary Supplement

30 CAPSULES

Doctor's Suggested Use: Take 1 capsule daily. For additional support, take 1 capsule twice daily.

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 30

Amount Per Serving	% DV
Mirtogenol® Proprietary Complex	120 mg *
Mirtoselect® Bilberry Extract (fruit), Pycnogenol® French Maritime Pine Extract (bark)	

* Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, gelatin, magnesium stearate, stearic acid, silica

Precautions: This product is not a treatment for glaucoma. Consult a health care practitioner before use if you are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.



SKU: HOP 02 G12000, 2016 R-1

Exp. Date

Lot No.

Almost Out? Call **1-800-722-8008**

or visit drwhitaker.com

Choose **REFILL & SAVE**, Get Free Shipping Forever