



Unit Dose

# OYSTER SHELL CALCIUM

**500 MG+D**

**CALCIUM SUPPLEMENT  
WITH VITAMIN D**

100 Tablets (10 x 10)

## SUPPLEMENT FACTS

Serving Size 1 tablet

| Amount per serving              |                | % Daily Value |
|---------------------------------|----------------|---------------|
| Vitamin D3<br>(cholecalciferol) | 5 mcg (200 IU) | 25%           |
| Calcium (from oyster shell)     | 500 mg         | 38%           |



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**Other Ingredients:** Maltodextrin, Microcrystalline Cellulose, Croscarmellose Sodium, Hypromellose, Starch, Magnesium Stearate, Titanium Dioxide, Stearic Acid, FD&C Yellow #5\*, FD&C Blue #1, Butylated Hydroxytoluene, Butylated Hydroxyanisole, Coconut Oil, Triacetin, Propylene Glycol, Polyethylene Glycol.

\*Contains FD&C Yellow #5 (tartrazine) as a color additive.

Each tablet provides 500 mg of elemental calcium.

Adequate calcium and vitamin D throughout life, as a part of a well balanced diet may reduce the risk of osteoporosis.

**Directions:** For adults, take one (1) tablet twice daily, preferably with a meal, or as directed by a physician.

As with any supplement, if you are pregnant, nursing, taking medication, or have a medical condition, consult your physician before use.

### Other Information:

- Store at room temperature in a dry place.
- Keep Out of Reach of Children.

**Questions or comments?** Call (800) 616-2471

**Tamper Evident:** Do not use if sealed blister units are broken or damaged.

Re-order No. 144842

Dist. By MAJOR® PHARMACEUTICALS

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