



Foundational



Healthy Aging[†]

SUGGESTED USE: Take 4-8 capsules daily or as recommended by your health-care practitioner.

TAMPER EVIDENT: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

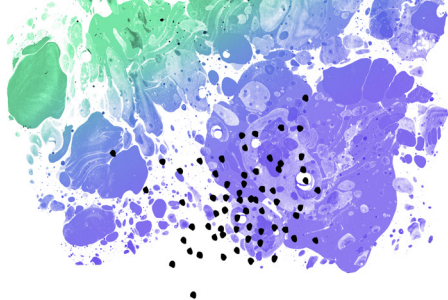
If pregnant, consult your health-care practitioner before using this product.



GLUTEN FREE

[†]This product uses Gnosis S.p.A.'s L-5-Methyltetrahydrofolic Acid, Glucosamine Salt (Quatrefolic®). Quatrefolic is a registered trademark of Gnosis S.p.A. ^{††}This product uses Albion's DimaCal® DiCalcium Malate. DimaCal is a registered trademark of Albion International, Inc. ^{†††}This product uses Albion® DiMagnesium Malate. Albion is a registered trademark of Albion International, Inc. ^{††††}This product uses Albion's TRAACS® Chromium Nicotinate Glycinate Chelate, Copper Bisglycinate Chelate, Manganese Bisglycinate Chelate, Molybdenum Glycinate Chelate, and Zinc Bisglycinate Chelate. TRAACS is a registered trademark of Albion International, Inc. ^{†††††}This product uses Indena S.p.A.'s bilberry extract (Mirtoselect®). Mirtoselect is a registered trademark of Indena S.p.A. ^{††††††}This product contains ChromaDex Inc.'s proprietary Nicotinamide Riboside Ingredient, Niagen®. Niagen is a registered trademark of ChromaDex, Inc. Patent: See ChromaDexPatents.com ^{†††††††}This product uses Albion's Bororganic™ Boron Glycinate Complex. Bororganic is a trademark of Albion International, Inc.

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



THORNE®

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Extra Nutrients

DIETARY SUPPLEMENT

240
CAPSULES

SUPPLEMENT FACTS

Serving Size: Eight Capsules

Servings Per Container: 30

Eight Capsules Contain:		%DV	Eight Capsules Contain:		%DV
Vitamin A (375 mcg from Beta Carotene and 750 mcg as Palmitate)	1.125 mg	125%	Zinc (as TRAACS® Zinc Bisglycinate Chelate)††††	15 mg	136%
Vitamin C (as Ascorbic Acid)	850 mg	944%	Selenium (as L-Selenomethionine)	200 mcg	364%
Vitamin D (as Vitamin D3) (2,000 IU)	50 mcg	250%	Copper (as TRAACS® Copper Bisglycinate Chelate)††††	1.5 mg	167%
Vitamin E (200 IU as d-Alpha Tocopherol from Mixed Tocopherols)	134 mg	893%	Manganese (as TRAACS® Manganese Bisglycinate Chelate)††††	6 mg	261%
Vitamin K (50 mcg as Vitamin K1 and 50 mcg as Vitamin K2 as MK-7)	100 mcg	83%	Chromium (as Chromium Nicotinate Glycinate Chelate)††††	200 mcg	571%
Thiamin (as Thiamin HCl)	40 mg	3,333%	Molybdenum (as TRAACS® Molybdenum Glycinate Chelate)††††	100 mcg	222%
Riboflavin (as Riboflavin 5'-Phosphate Sodium)	10 mg	769%	Quercetin Phytosome (<i>Sophora japonica</i> concentrate (leaf) / Phospholipid complex from Sunflower)	100 mg	*
Niacin (130 mg as Niacinamide and 30 mg as Niacin)	160 mg	1,000%	Bilberry extract (fruit) (<i>Vaccinium myrtillus</i>)†††††	80 mg	*
Vitamin B6 (as Pyridoxal 5'-Phosphate)	10 mg	588%	Nicotinamide Riboside Chloride††††††	25 mg	*
Folate (1 mg as L-5-Methyltetrahydrofolate† from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	1.7 mg DFE	425%	Trans-Resveratrol	25 mg	*
Vitamin B12 (225 mcg as Adenosylcobalamin and 225 mcg as Methylcobalamin)	450 mcg	18,750%	Mixed Carotenoids (1 mg as Lutein, 1 mg as Astaxanthin, 1 mg as Zeaxanthin, and 1 mg as Lycopene)	4 mg	*
Biotin	400 mcg	1,333%	Boron (as Bororganic™ Boron Glycinate Complex)†††††††	3 mg	*
Pantothenic Acid (as Calcium Pantothenate)	450 mg	9,000%	Vanadyl Sulfate	250 mcg	*
Choline (as Choline Citrate)	35 mg	6%	*Daily Value (DV) not established.		
Calcium (as DimaCal® DiCalcium Malate)††	250 mg	19%			
Iodine (as Potassium Iodide)	225 mcg	150%			
Magnesium (as Albion® DiMagnesium Malate)†††	250 mg	60%			

Other Ingredients: Hypromellose (derived from cellulose) capsule, Microcrystalline Cellulose, Calcium Laurate, Silicon Dioxide.

manufactured for: THORNE RESEARCH, INC., 1-800-228-1966



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LVMX21