

SUGGESTED USE: As a dietary supplement for adults, take two (2) tablets daily, preferably with a meal or as directed by a healthcare practitioner.

Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Not intended for use by persons under the age of 18. Store at room temperature. Do not use if outer seal is missing or damaged.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

Ester-C® is a registered trademark of The Ester C Company. US Patent Nos. 6,878,744 and 6,197,813.

†US patent No.'s 6,706,904 and 6,716,814 licensed by Albion International, Inc.

††Naturally occurring.

†††Not Genetically Modified, Soy from Nature®

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OMNIUM®

PHYTONUTRIENT COMPLEX
MULTIPLE VITAMIN
AND MINERAL FORMULA
DIETARY SUPPLEMENT
90 TABLETS

SUITABLE FOR VEGANS
GLUTEN, WHEAT & DAIRY FREE
Non-GMO



CAREFULLY MANUFACTURED BY: SOLGAR, INC.
500 WILLOW TREE ROAD, LEONIA, N.J. 07605 U.S.A.

Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 45

Amount Per Serving	%DV	Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A 4,500 mcg.....500%		Iron (as iron bisglycinate chelate†) 9 mg.....50%		Broccoli Cruciferous Extract.....50 mg.....*	
(as natural beta-carotene)		Iodine (as potassium iodide).....150 mcg...100%		Phosphatidylserine Complex.....50 mg.....*	
Vitamin C 300 mg.....333%		Magnesium 37 mg 9%		(phosphatidylserine 10 mg [20%])	
(from Ester-C® as calcium,		(glycinate amino acid chelate†,		N-Acetyl-L-Cysteine 50 mg.....*	
magnesium, zinc ascorbates)		magnesium ascorbate, oxide)		Citrus Bioflavonoid Complex.....50 mg.....*	
Vitamin D 5 mcg (200 IU) 25%		Zinc 15 mg 136%		Polyphenols (from green tea leaf, ...20 mg.....*	
(as ergocalciferol)		(as glycinate amino acid chelate†,		grape seed extracts)	
Vitamin E 201 mg....1,340%		zinc ascorbate)		Alpha-Lipoic Acid.....10 mg.....*	
(as d-alpha tocopheryl succinate)		Selenium (as L-selenomethionine) 70 mcg...127%		Coenzyme Q-10 10 mg.....*	
Vitamin K (as phytonadione) 20 mcg.....17%		Copper 1.5 mg 167%		Quercetin.....10 mg.....*	
Thiamin (as thiamin mononitrate).....30 mg....2,500%		(as glycinate amino acid chelate†)		Co-Carboxylase 1 mg.....*	
Riboflavin 35 mg....2,692%		Manganese 2 mg 87%		Pyridoxal-5'-Phosphate 1 mg.....*	
Niacin (as niacinamide, niacin).....60 mg.....375%		(as glycinate amino acid chelate†)		Riboflavin-5'-Phosphate 1 mg.....*	
Vitamin B6 (as pyridoxine HCl).....50 mg....2,941%		Chromium (as chromium picolinate).....100 mcg...286%		Carotenoid Mix.....172 mcg.....*	
Folate.....666 mcg DFE.....167%		Molybdenum 50 mcg ...111%		(alpha and beta-carotene, lutein,	
(400 mcg folic acid)		(as glycinate amino acid chelate†)		zeaxanthin, cryptoxanthin)	
Vitamin B12 (as cyanocobalamin)....100 mcg...4,167%		Sodium†† 10 mg<1%		Nickel (as nickel sulfate) 5 mcg*	
Biotin (as D-biotin).....100 mcg.....333%		Potassium 10 mg<1%		Vanadium (as vanadyl sulfate).....5 mcg*	
Pantothenic Acid 80 mg....1,600%		(as potassium glycinate complex†)		Boron (as boric acid).....0.5 mg.....*	
(as D-Ca pantothenate)		Inositol 75 mg*			
Choline (as choline bitartrate) 75 mg.....14%		Soy Germ Extract††† 50 mg*			
Calcium 35 mg.....3%		Standardized Turmeric Extract 50 mg*			
(as calcium ascorbate, glycinate amino acid chelate†)		(curcuminoids 46.5 mg [93%]) (root)			

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Silica, Vegetable Magnesium Stearate, Vegetable Stearic Acid, Grapeskin (color), Mannitol, Maltodextrin, Vegetable Glycerin, Titanium Dioxide Color, Glycine.

Contains soy ingredients.

FREE OF: Gluten, Wheat, Dairy, Sugar, Artificial Flavor and Preservatives.

