

STRESS B-COMPLEX

60 VEGETARIAN CAPSULES

DIETARY SUPPLEMENT

Serving Size: One Capsule		
Each Capsule Contains:		% DV
Thiamin (as Thiamin HCI)	50 mg	3,333%
Riboflavin (25 mg as Riboflavin and 3.6 mg as Riboflavin 5'-Phosphate Sodium)	28.6 mg	1,682%
Niacin (as Niacinamide)	80 mg	400%
Vitamin B6 (25 mg as Pyridoxine HCl and 3.4 mg as Pyridoxal 5'-Phosphate)	28.4 mg	1,420%
Folate (as L-5-Methyltetrahydrofolate† from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	200 mcg	50%
Vitamin B12 (as Methylcobalamin)	100 mcg	1,667%
Biotin	80 mcg	27%
Pantothenic Acid (as Calcium Pantothenate)	250 mg	2,500%
Choline Citrate	40 mg	*



Other Ingredients: Hypromellose (derived from cellulose) capsule, Magnesium Laurate, Magnesium Citrate, Silicon Dioxide.

Suggested Use: Take 1 capsule one to three times daily or as recommended by your health-care practitioner. Tamper Evident: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

If pregnant, consult your health-care practitioner before using this product.

†This product uses Gnosis S.p.A.'s L-5-Methyltetrahydrofolic Acid, Glucosamine Salt.

Manufactured By: Thorne Research, Inc., P.O. Box 25, Dover, Idaho 83825 USA 1-800-228-1966 www.thorne.com