

**USAGE:** Take 1 capsule per day or as directed by your qualified healthcare professional.

**NOTE:** If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

**PQQ** (pyrroloquinoline quinone) is an important antioxidant that promotes the creation of new mitochondria, along with supporting heart health and cognitive function.\* For superior benefits, take with **Jarrow Formulas® QH-absorb®**.

Keep out of the reach of children.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

**Jarrow**  
F O R M U L A S

Pyrroloquinoline quinone

**PQQ** **10 MG**

Promotes Mitochondrial Biogenesis\*  
Supports Heart and Cognitive Function\*

**10**  
MILLIGRAMS

**30**  
CAPSULES

DIETARY  
SUPPLEMENT

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 30

|                                                     | Amount Per Serving | % DV |
|-----------------------------------------------------|--------------------|------|
| BioPQQ™<br>(Pyrroloquinoline Quinone Disodium Salt) | 10 mg              | †    |

† Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of bovine gelatin.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

*BioPQQ*™ BioPQQ™ is a trademark of MGC (Japan).

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