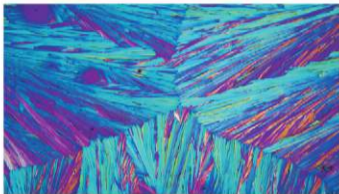


# THORNE

R E S E A R C H



## METHYL-GUARD PLUS<sup>®</sup>

90 VEGETARIAN CAPSULES

DIETARY SUPPLEMENT

### Supplement Facts

Serving Size: Three Capsules

Servings Per Container: 30

Three Capsules Contain:			Three Capsules Contain:		
		% DV			% DV
Riboflavin			Vitamin B12 (as Methylcobalamin)	3 mg	50,000%
(as Riboflavin 5'-Phosphate Sodium)	90 mg	5,295%	Betaine Anhydrous (Trimethylglycine)	1.8 g	*
Vitamin B6 (as Pyridoxal 5'-Phosphate)	45 mg	2,250%	*Daily Value (DV) not established.		
Folate (as L-5-Methyltetrahydrofolate from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	3 mg	750%			

Other Ingredients: Hypromellose (derived from cellulose) capsule, Calcium Citrate, Calcium Laurate.

Suggested Use: Take 1-3 capsules daily or as recommended by your health-care practitioner.

Tamper Evident: Use only if bottle is sealed.

If pregnant, consult your health-care practitioner before using this product.

Store tightly sealed in a cool, dry place.



**HYPOALLERGENIC**

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