Optimal Naturals™

SUGGESTED USE: As a dietary supplement, take three (3) capsules daily.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN COOL, DRY PLACE.

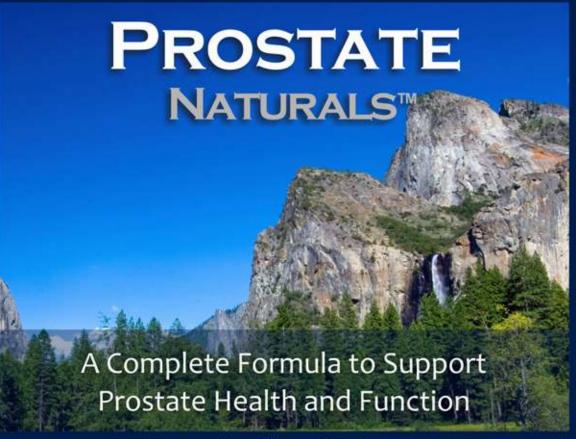
These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot#: Manufacture Date: Best if used by:

4866-14772-14772C

Optimal Naturals™

Orange County, California www.optimalnaturals.com 800.985.8974



Supplement Facts

Serving Size 3 Capsules

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Amount Per Serving	% Daily Value	
Vitamin E (d-Alpha tocopheryl acetate)	30IU	100%
Vitamin B6 (pyridoxine hydrochloride)	5mg	250%
Zinc (picolinate)	50mg	333%
Copper (gluconate)	750mcg	38%
Selenium (amino acid chelate)	200mcg	286%
Saw Palmetto (40-45% extract)	300mg	
Beta-Sitosterol	450mg	93
Pygeum Africanum (herb powder)	150mg	
Red Raspberry (juice extract)	75mg	
Graviola (herb powder)	75mg	
Green Tea (50% extract)	75mg	
Cat's Claw (herb powder)	45mg	
Broccoli (4:1 extract)	30mg	335
Lycopene	15mg	
Stinging Nettle (herb powder)	30mg	
Maitake Mushroom	15mg	0.5
Reishi Mushroom 4:1 Extract	15mg	
Shiitake Mushroom	15mg	
Proprietary Blend	213mg	

Consisting of: Quercetin Dihydrate, Juniper Berry Powder, Uva Ursi Powder, Buchu Leaf Powder, Glutamic Acid, L-Alanine, L-Glycine, Calcium D-Glucarate, Pumpkin Seed Powder, Burdock Root Powder, Cayenne Pepper Powder, Goldenseal Powder, Gravel Root Powder, Marshmallow Root Powder, and Parsley Leaf Powder.

*Daily Value not established.

Other ingredients: Gelatin, magnesium stearate, stearic acid and microcrystalline cellulose.

ALLERGEN WARNING: CONTAINS SOY (BETA-SITOSTEROL).