

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener and Preservatives.

Solgar's KOF-K certification #K-1250

Carefully Manufactured by:
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SOLGB71580 03C



LIPOTROPIC FACTORS

GLUTEN, WHEAT & DAIRY FREE



Non-GMO
SUITABLE FOR VEGANS



100 TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 3 Tablets
Servings Per Container: 33

Amount Per Serving	%DV
Total Carbohydrate 1 g	<1%*
Choline 410 mg (as choline bitartrate)	75%
Inositol 1 g (1,000 mg)	**
L-Methionine 1 g (1,000 mg)	**

*Percent Daily Values (DV) are based on a 2,000 calorie diet

**Daily Value (DV) not established

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Silica, Vegetable Magnesium Stearate, Vegetable Glycerin, Titanium Dioxide Color.

SUGGESTED USE: As a dietary supplement for adults, take three (3) tablets daily, preferably with a meal or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

