

HOW TO USE:



Pour
into
coffee
or tea



Add to
8oz of your
favorite
beverage



Use
as a
salad
dressing



WHEN TO USE:



In the morning for an energy boost.*



Before, during or after workouts.*



Anytime you need high quality fat.*

Suggested Use: MCT Oil may cause mild digestive discomfort. Introduce slowly into your diet. Start by using 1 tsp and gradually increase over several days to 3 tsp (1 tbsp) per serving to avoid an upset stomach.

KEEP OUT OF REACH OF CHILDREN.

Consult your physician or healthcare provider before using this product or any other dietary supplement.

Do not refrigerate.

MCT OIL

UNFLAVORED



C8 + C10

Supplement Facts

Serving Size: 3 pumps / 1 tbsp (15ml)
Servings Per Container: 63

	Amount Per Serving	% DV*
Calories	130	
Total Fat	15g	19%*
Saturated Fat	15g	75%*
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	0g	0%
Total Carbohydrate	0g	0%
Dietary Fiber	0g	0%
Total Sugars	0g	
Includes 0g Added Sugars		0%
Protein	0g	0%

Not a significant source of vitamin D, calcium, iron and potassium.
*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Medium Chain Triglycerides. Made from 100% organic coconuts.

**MCT
BREAKDOWN:**
C8 67% | C10 33%

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Scan
To Join The
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VIP Club



946ml - 32oz - 63 servings
Dietary Supplement

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

