Consult your physician or healthcare provider before using this product or any other dietary supplement.

This product is sold by weight, not volume. Settling of contents may occur. Keep container closed and in a cool, dry location.



HOW TO USE:

WHEN TO USE:

30 minutes before a workout. †

In the morning

as an energy boost.

As a meal replacement

or after a cheat meal to

get back into ketosis.



Use a shaker to mix the ketones. They will taste better!

Tips

For training, consume 30 min. before a workout or in the morning on non-training days. Alternately, use when you need additional energy or after a cheat meal.

Additional water can be added according to taste preference. Introduce slowly into your diet to avoid stomach upset.

KEEP OUT OF REACH OF CHILDREN.

EXOGENOUS KETONES



300g - 10.5oz - 20 servings
Dietary Supplement

Supplement Facts

Serving Size:	1 Scoop	(15g)
Servings Per	Container:	20

Amour	nt Per Serving	% DV*
Calories	35	
Calcium (as GoBHB™)	992mg	76%
Phosphorous (as Dipotassium Phosp	hate) 61mg	4%
Magnesium (as GoBHB™)	78mg	18%
Zinc (as Zinc Arginate Chelate)	3.1mg	28%
Sodium (as GoBHB™)	820mg	36%
Potassium (as Dinotassium Phoenha	te) 160ma	3%

Proprietary Keto Blend 11.7g

Calcium Beta-Hydroxybutrate (GoBHB™), Sodium Beta-Hydroxybutrate (GoBHB™),

Magnesium Beta-Hydroxybutrate (GoBHB™).

**Daily Value not established.

Ingredients: Citric Acid, Malic Acid, Natural Flavors. Contains 2% or less of: Silica, Stevia, Natural Color (Spirulina Extract and Curcumin), Gum Blend (Gum Acacia, Guar Gum, Xanthan Gum).

GoBHB™ is a registered trademark under exclusive global distribution by Compound Solutions, Inc.

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^{*}Percent Daily Values are based on a 2,000 calorie diet.