

Amount per Serving		% DV
Zinc (as zinc gluconate)	15 mg	130%
Copper (as copper gluconate)	1 mg	111%
Sodium	5 mg	<1%
Alpha Lipoic Acid	250 mg	**
Bitter Melon (Fruit) Extract	200 mg	**
Gymnema (leaf) Extract	200 mg	**
Bayberry Leaf and Bark Extract standardized to 80% myricetin (80 mg)	100 mg	**
Cinnamon (Cinnamomum aromaticum) Bark Extract standardized to 8% flavonoids (8 mg)	100 mg	**
Bilberry Fruit Extract	40 mg	**
Vanadium (as vanadyl sulfate)	200 mcg	**

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: cellulose, sodium croscarmellose, stearic acid, silica, hypromellose, magnesium stearate, glycerin.

◆ LSO4906.F01 BLK490F

Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent No. 7,947,662. **GLUTEN FREE.** No sugar, yeast, wheat, soy, dairy products, artificial colors, flavors, or preservatives.
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Questions? 1-800-9NATURE / naturasway.com



THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Blood Sugar Manager®

glucose support formula*

DIETARY SUPPLEMENT

60 TABLETS

SINCE 1969 Nature's Way

Recommendation: Take 2 tablets daily with food. Best when taken with the meal highest in carbohydrates. **Caution:** If you are taking medication to control high blood sugar or have hypoglycemia (low blood sugar), consult a healthcare professional before use. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use. People with diabetes should monitor blood glucose levels regularly. **Keep out of reach of children.**

Supplement Facts

Serving Size 2 Tablets / Servings per Container 30

Amount per Serving		% DV
Total Carbohydrate	<1 g	<1%
Dietary Fiber	<1 g	2%
Thiamin (vitamin B1)	56 mg	4,66%
Riboflavin (vitamin B2)	56 mg	4,308%
Niacin (as niacinamide)	37 mg	231%
Vitamin B6 (as pyridoxine HCl)	25 mg	1,471%
Folate	600 mcg DFE (240 mcg Folic Acid)	150%
	(200 mcg Quatrefolic® Brand (RS)-5-Methyltetrahydrofolate Glucosamine Salt)	
Vitamin B12 (as methylcobalamin)	375 mcg	15,625%
Biotin	400 mcg	1,333%
Pantothenic Acid (as calcium-D-pantothenate)	37 mg	740%
Choline (as choline bitartrate)	30 mg	5%
Magnesium (as magnesium oxide)	200 mg	48%



LBX04906.F01

BLK490F

Blood Sugar Manager®

Healthy blood sugar support*

Blood Sugar Manager supports healthy blood sugar metabolism.*

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Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

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Blood Sugar Manager®

It's time to be proactive with Blood Sugar Manager glucose support formula.*

It features a unique blend of nutrients and powerful botanicals to help support healthy blood sugar metabolism.*

Blood Sugar Manager provides:

- B vitamins, essential to energy conversion*
- Botanical support, including Bitter Melon, Gymnema, Cinnamon, Bilberry & Bayberry

SINCE 1969 Nature's Way

Blood Sugar Manager®

glucose support formula*

Supports healthy blood sugar metabolism*

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Zinc (as zinc gluconate)	15 mg	136%
Copper (as copper gluconate)	1 mg	111%
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Gymnema (leaf) Extract	200 mg	**
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