

Made with Organic Fruit

Vitamin C in fruit is naturally part of a total complex that includes ascorbic acid, bioflavonoids and co-factors that aid absorption. **Alive!® Fruit Source Vitamin C** is complete Vitamin C just as Mother Nature grows it.

 **VEGETARIAN**

◆ LNT15143.A01 8W22.8158A

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Certified organic by Quality Assurance International
Questions? 1-800-4NATURE / naturesway.com



100% Fruit Source

SINCE 1969 Nature's Way 1969

Alive!

Vitamin C

USDA
ORGANIC

Dietary Supplement • Drink Mix Powder • Net Wt 4.23 oz (120 g)

Recommendation: Stir powder into an 8 ounce glass of water or juice, or add to smoothies. For **500 mg** of vitamin C take 1 rounded teaspoon daily. For **1,000 mg** take 1 rounded teaspoon twice daily. If pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Rounded teaspoon (4 g) / Servings per Container 30

Amount per Serving		% DV
Calories	15	
Total Carbohydrate	3 g	1%†
Vitamin C (from Organic Acerola (fruit))	500 mg	556%

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other ingredients: organic manioc root

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

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Organic Fruit Source

Unlike other supplements that use isolated ascorbic acid or cultured bacteria as the source of Vitamin C, **Alive!® Fruit Source Vitamin C** derives its entire Vitamin C content from one of Mother Nature's most potent organic fruit sources.



Organic Acerola

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100% Fruit Complex

Vitamin C in fruit is naturally part of a total complex that includes ascorbic acid, bioflavonoids and co-factors that aid absorption. **Alive!® Fruit Source Vitamin C** is complete Vitamin C just as Mother Nature grows it.

- Certified Organic
- Vegetarian Formula



Gluten Free. No corn, soy, dairy products, sugar, wheat, yeast, artificial colors, flavors, or preservatives.

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Also Available in Vegetarian Capsules

