



Scan To Join
The Kiss My Keto
VIP Club



HOW TO USE:



Pour
into
coffee
or tea.



Add to 8oz
of your
favorite
beverage.



Add to
recipes +
fresh baked
goods.

WHEN TO USE:



In the morning
for an energy boost. †



Anytime you need
high quality fat. †



As a meal replacement. †

Suggested Use: MCT Oil may cause mild digestive discomfort. Introduce slowly into your diet and gradually increase over several days to avoid an upset stomach.

Consult your physician or healthcare provider before using this product or any other dietary supplement.

KEEP OUT OF REACH OF CHILDREN.

This product is sold by weight, not volume.
Settling of contents may occur.
Keep container closed and in a cool, dry location.

KETO CREAMER

MCT OIL POWDER



UNFLAVORED

680g - 24oz - 75 servings
Dietary Supplement

Supplement Facts

Serving Size: 1 scoop (9g)
Servings Per Container: 75

	Amount Per Serving	% DV*
Calories	60	
Calories from Fat	60	
Total Fat	7g	11%
Saturated Fat	7g	35%
Sodium	10mg	0%
Total Carbohydrate	1g	0%
Dietary Fiber	1g	4%

Not a significant source of vitamin D, calcium, iron and potassium.

*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Medium Chain Triglycerides, Inulin. Contains 2% or less of each of the following: Sodium Caseinate, Silicon Dioxide, Sunflower Lecithin.

CONTAINS: Milk Derived Ingredients.

NET CARBS = grams of total carbohydrates minus grams of fiber.

**MCT
BREAKDOWN:**
C8 67% | C10 33%

R3 BEST BY: 10/2020

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† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.