USAGE: Take 1 capsule 1 to 3 times per day, preferably on an empty stomach or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

L-Lysine is an essential amino acid necessary for growth, development, tissue maintenance and repair.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

Jarrow FORMULAS®

L-Lysine

Essential Amino Acid for Protein Metabolism*

500 MILLIGRAMS | **100** CAPSULES | DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 100

	Amount Per Serving	% DV
L-Lysine (from L-Lysine HCl)	500 mg	†

† Daily Value not established.

Other Ingredients: Magnesium stearate (vegetable source) and cellulose. Capsule consists of bovine gelatin.

Keep tightly closed, away from moisture. DO NOT refrigerate.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and Formulation℠
P.O. Box 35994
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