get your health up to speed

Loaded with vitamins, minerals and super-powered antioxidants, Reliv Now® is built on the latest findings in nutrition science. Its uniquely effective formula delivers a balanced array of the most advanced ingredients along with 7 grams of whey-based protein per serving to give your body what it needs to thrive. Why settle for 'fine' when you can feel 'great!'? Get your health up to speed with Reliv Now.

directions

Add Reliv Now to water, juice or milk — one scoop per 6-8 oz. of liquid — and shake or blend until creamy. One scoop provides a daily serving. Many consumers enjoy optimal benefits by taking half a scoop two times per day. For added benefits, use in combination with other Reliv nutritional formulas.

For more information or to order, call 800 RELIV US (735.4887).

ChromeMate® brand of niacin-bound chromium and OptiZinc® brand of zinc monomethionine are registered trademarks of InterHealth N.I.

Pycnogenol® is a registered trademark of Horphag Research Ltd. Use of this product is protected by one or more of U.S. patents #5,720,956 / #6,372,266 and other international patents.

This product was manufactured in a facility that also uses fish (anchovy, sardine) and soy which may result in the presence of the allergen in this product.



ØptiZinc•











core nutrition



WHEY-BASED PROTEIN with essential vitamins & minerals

dietary supplement

Net Wt. 19.74 oz (1 lb. 3.74 oz)

Supplement Facts

Serving Size: 1 Scoop (18.65 g) Servings Per Container 30

	Amount per Serving	% Daily Value
Calories	50	
Calories from Fat	3	
Total Carbohydrate	5 q	2%†
Dietary Fiber	1 q	4%†
Sugars	3 g	
Protein	7 q	14%†
Vitamin A	2500 IU	50%
Vitamin C	480 mg	800%
Vitamin D	400 IU	100%
Vitamin E	60 IU	200%
Thiamin (vitamin B1)	3 mg	200%
Riboflavin (vitamin B2)	4 mg	235%
Niacin	20 mg	100%
Vitamin B6	4 mg	200%
Folic Acid	400 mcg	100%
Vitamin B12	18 mcg	300%
Biotin	300 mcg	100%
Pantothenic Acid	20 mg	200%
Calcium	1000 mg	100%
Iron	10 mg	56%
Phosphorus	800 mg	80%
lodine	150 mcg	100%
Magnesium	200 mg	50%
Zinc	16 mg	107%
Selenium	50 mcg	71%
Copper	2 mg	100%
Manganese	2 mg	100%
Chromium	50 mcg	42%
Molybdenum	75 mcg	100%
Sodium	50 mg	2%
Potassium	150 mg	4%
New Property and Plant	100.2	**
Now Proprietary Blend	100.2 mg	**
Rose Hips (fruit)		**
Rutin (from Japanese Sophora (flower))		**
Kelp (whole plant) Extract		**
Cayenne (fruit)		**
Licorice (root) Extract		**
Chinese Rhubarb (root) Extract		**

†Percent Daily Values are based on a 2,000 calorie diet.
**Daily value not established.

Garlic (bulb)

Butternut (bark)

Irish Moss (whole plant)

Maritime Pine (bark) Extract (Pycnogenol®)

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nd Chromium Polynicotinate, Folic Acid, Biotin, Potass