



New Formula
& Appearance

Classic Prenatal

VITAMIN AND MINERAL
SUPPLEMENT

100 TABLETS

**TAMPER RESISTANT - DO NOT USE IF IMPRINTED
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**

DIRECTIONS: Adults only: One tablet daily, preferably with a meal, as a dietary supplement or as directed by your doctor.

Supplement Facts

Serving Size 1 Tablet

Amount per tablet	% DV for Pregnant or Lactating Women
Vitamin A (as acetate)	8000 IU 100%
Vitamin C (as ascorbic acid)	60 mg 100%
Vitamin D-3 (as cholecalciferol)	400 IU 100%
Vitamin E (as dl-alpha tocopheryl acetate)	30 IU 100%
Vitamin B-1 (as thiamine mononitrate)	1.7 mg 100%
Vitamin B-2 (riboflavin)	2 mg 100%
Niacin (as niacinamide)	20 mg 100%
Vitamin B-6 (as pyridoxine HCl)	4 mg 160%
Folic Acid	0.8 mg 100%
Vitamin B-12 (as cyanocobalamin)	8 mcg 100%
Calcium (as calcium sulfate)	200 mg 15%
Iron (as ferrous fumarate)	28 mg 156%
Iodine (as potassium iodide)	150 mcg 100%
Magnesium (as magnesium oxide)	100 mg 22%

*%Daily Value (DV) for Pregnant and Lactating Women

Other Ingredients: Microcrystalline cellulose, gelatin, croscarmellose sodium, stearic acid, silica, dicalcium phosphate, hypromellose, starch, magnesium stearate, talc, sucrose, mineral oil, polyethylene glycol, sodium ascorbate, triglycerides, sodium benzoate, sorbic acid, tocopherols and BHT.

Free of gluten, yeast, soy, milk products, artificial colors - flavors.

Consult your doctor before use if you are pregnant, nursing or taking any medication.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of the reach of children.** In case of accidental overdose, call a physician or poison control center immediately.

To preserve quality and freshness, keep bottle tightly closed.

Store between 15° - 30°C (59° - 86°F).

KEEP OUT OF REACH OF CHILDREN.

Questions or comments?

1-800-645-2158

www.rugbylaboratories.com

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