

USAGE: Take 1 tablespoon per day on an empty stomach or as directed by your qualified healthcare professional. Store in a cool, dry place.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

L-Carnitine is essential for the production of energy from fatty acids by virtue of its role in the transport of fatty acids into the mitochondria for energy production (in a process called beta oxidation).* L-Carnitine enhances the rate of ATP production (also called oxidative phosphorylation), which is a key step in energy production throughout the body.*

By enhancing fatty acid metabolism via beta oxidation, carnitine can support healthy triglyceride levels.* Major body tissues, particularly the heart and skeletal muscles, depend on fatty acid oxidation as their primary source of energy. L-Carnitine promotes efficient heart function.* L-Carnitine is also involved in sperm motility.*

Vitamin B₅ is also involved in the transport of fatty acids into the mitochondria.*

Liquid Carnitine is in a **CarniSorb®** format, providing rapid absorption.

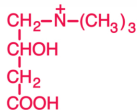
Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

Jarrow®
FORMULAS

Liquid Carnitine



- Important Cofactor for Energy Production from Fatty Acids*
- Promotes Efficient Heart Function*
- Supports Healthy Triglyceride Levels*



lemon-lime
flavor

16 fl. oz.
(475 ml) **DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 1 Tablespoon (15 ml)
Servings Per Container Approx. 32

	Amount Per Serving	% DV
Vitamin B ₅ (as Pantothenol)	10 mg	200%
L-Carnitine (USP grade, Elemental Free-Base)	1,000 mg	†
† Daily Value not established.		

Other Ingredients: Purified water, xylitol, glycerin, citric acid, natural lemon-lime flavor, nisin (as a preservative) and copper sulfate (as a preservative).

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Suitable for vegetarians/vegans.

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Carnipure 



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