

Rugby®

**NEW
Formula &
Appearance**

**VITAMIN AND MINERAL
SUPPLEMENT**

Daily-Vite

**with Iron and
Beta-Carotene**

100 TABLETS

**TAMPER RESISTANT - DO NOT USE IF IMPRINTED
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**

DIRECTIONS: Adults only: Take one tablet daily, preferably with a meal, as a dietary supplement or as directed by your doctor.

Supplement Facts

Serving Size 1 Tablet

Amount per tablet	% Daily Value
Vitamin A (as acetate and beta carotene)	5000 IU 100%
Vitamin C (as ascorbic acid)	60 mg 100%
Vitamin D-3 (as cholecalciferol)	400 IU 100%
Vitamin E (as dl-alpha tocopheryl acetate)	30 IU 100%
Vitamin B-1 (as thiamine mononitrate)	1.5 mg 100%
Vitamin B-2 (riboflavin)	1.7 mg 100%
Niacin (as niacinamide)	20 mg 100%
Vitamin B-6 (as pyridoxine HCl)	2 mg 100%
Folic Acid	0.4 mg 100%
Vitamin B-12 (as cyanocobalamin)	6 mcg 100%
Pantothenic Acid (as calcium pantothenate)	10 mg 100%
Iron (as ferrous fumarate)	18 mg 100%

Other Ingredients: Microcrystalline cellulose, gelatin, calcium carbonate, hypromellose, croscarmellose sodium, stearic acid, starch, dicalcium phosphate, talc, magnesium stearate, silica, titanium dioxide, polyethylene glycol, sucrose, mineral oil, FD&C yellow #5 lake*, acacia, maltodextrin, FD&C yellow #6 lake, sodium ascorbate, glucose, triglycerides, sodium benzoate, tocopherols, sorbic acid and BHT.

*Contains FD&C yellow #5 lake (tartrazine) as a color additive.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

To preserve quality and freshness, keep bottle tightly closed.

Store between 15° - 30°C (59° - 86°F).

Questions or comments?

1-800-645-2158

www.rugbylaboratories.com

Distributed by:

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