



Pure Source MCTs:

- **100% MCTs†**: 14 g of MCTs (including caprylic and capric acids) per serving

†See Supplement Facts for total fat and saturated fat content.

- Only from premium coconuts
- No palm or other filler oils
- Flavorless and odorless
- Vegan and Gluten-Free 🌱

Uses:

- Enjoy directly from the packet
- Mix into hot or cold beverages
- Add to your favorite foods

Easy On-The-Go!



MCT Oil

PLANT-BASED

100% Potency

MEDIUM CHAIN TRIGLYCERIDES

14 g Per Serving†

Pure Source • No Filler Oils

DIETARY SUPPLEMENT

18 Packets 0.5 fl oz (15 mL) Net Wt 9 fl oz (270 mL)



Recommendation:

Take contents of 1 packet (15 mL) as needed.

Supplement Facts

Serving Size 1 Packet (15 mL)

Servings per Container 18

Amount per Serving		% DV
Calories	130	
Total Fat	14 g	18%†
Saturated Fat	14 g	70%†
Trans Fat	0 g	**
Polyunsaturated Fat	0 g	**
Monounsaturated Fat	0 g	**
Cholesterol	0 mg	0%
Medium Chain Triglycerides	14 g	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Ingredients: Medium Chain Triglycerides from Coconut Oil
Contains tree nuts (coconut).

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Questions? 1-800-9NATURE / naturesway.com

No refrigeration required. Store in a cool, dry place.
Keep out of reach of children. Do not use if packet is open or torn. • Product of Philippines.

NATURE'S WAY® MCT OIL ALSO COMES IN THESE VARIETIES:

16 oz. MCT Oil

30 oz. MCT Oil

180 ct. MCT Oil Softgels



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