

Optimal Naturals™

SUGGESTED USE: As a dietary supplement, take one (1) capsule in the morning and one (1) capsule in the evening.

CAUTION: Do not exceed recommended dose. Do not use in conjunction with other products high in iodine as excessive iodine intake may be harmful. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot#:

Manufacture Date:

Best if used by: **4866-14829-14829-60**

Optimal Naturals™

Orange County, California

www.optimalnaturals.com

800.985.8974

THYROID NATURALS™

A Complete Formula to Support
Thyroid Function and Health

60 Capsules - Dietary Supplement

Supplement Facts

Serving Size 2 Capsules

Amount Per Serving	%Daily Value	
Vitamin B-12 (cyanocobalamin)	100 mcg	1667%
Iodine (from kelp)	150 mcg	100%
Magnesium (oxide)	200 mg	50%
Zinc (oxide)	8 mg	53%
Selenium (amino acid chelate)	200 mcg	286%
Copper (oxide)	200 mcg	10%
Manganese (amino acid chelate)	2 mg	100%
Molybdenum (amino acid chelate)	50 mcg	67%
L-Tyrosine	300 mg	*
Schizandra (herb powder)	240 mg	*
Ashwagandha Root (herb powder)	200 mg	*
Bladderwrack (herb powder)	50 mg	*
Cayenne Pepper (herb powder)	30 mg	*

*Daily Value not established.

Other ingredients: Gelatin, cellulose, magnesium stearate and silicon dioxide.

**KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.**