

Rugby®

NEW
Formula &
Appearance

COMPARE TO
VITAMIN/MINERAL IN **OS-CAL® 500+D***

Oysco®
500+D

**CALCIUM SUPPLEMENT
WITH VITAMIN D**
Helps maintain strong bones†

60 TABLETS

**TAMPER RESISTANT - DO NOT USE IF IMPRINTED
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**

DIRECTIONS: Adults only: Take one tablet twice a day, preferably
with a meal.

Supplement Facts

Serving Size 1 Tablet

Amount per tablet		% Daily Value
Vitamin D-3 (as cholecalciferol)	200 IU	50%
Calcium (as oyster shell)	500 mg	50%

Other Ingredients: Croscarmellose sodium, hypromellose, microcrystalline cellulose, titanium dioxide, soy polysaccharide, sodium lauryl sulfate, talc, triacetin, mineral oil, starch, sucrose, FD&C yellow #5 lake, FD&C blue #1 lake, sodium ascorbate, triglycerides, silica and tocopherols. **Contains soy and shellfish.**

†Contains FD&C yellow #5 lake (tartrazine) as a color additive.

Adequate calcium and vitamin D throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.†

**† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD
AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED
TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

To preserve quality and freshness, keep bottle tightly closed.

Store between 15° - 30°C (59° - 86°F).

KEEP OUT OF REACH OF CHILDREN.

*Rugby Laboratories is not affiliated with the owner of the trademark
Os-Cal® 500+D.

Questions or comments?
1-800-645-2158

www.rugbylaboratories.com

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