

COMPARE TO
VITAMIN/MINERAL IN **OS-CAL® 500+D***

Oysco® 500+D

**CALCIUM SUPPLEMENT
WITH VITAMIN D**
Helps maintain strong bones†

1000 TABLETS

Rugby®

**NEW
Formula &
Appearance**

**TAMPER RESISTANT - DO NOT USE IF IMPRINTED
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**

DIRECTIONS: Adults only: Take one tablet twice a day, preferably with a meal.

Supplement Facts

Serving Size 1 Tablet

Amount per tablet	% Daily Value
Vitamin D-3 (as cholecalciferol)	200 IU 50%
Calcium (as oyster shell)	500 mg 50%

Other Ingredients: Croscarmellose sodium, hypromellose, microcrystalline cellulose, titanium dioxide, soy polysaccharide, sodium lauryl sulfate, talc, triacetin, mineral oil, starch, sucrose, FD&C yellow #5 lake†, FD&C blue #1 lake, sodium ascorbate, triglycerides, silica and tocopherols.

Contains soy and shellfish.

†Contains FD&C yellow #5 lake (tartrazine) as a color additive.

Adequate calcium and vitamin D throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.†

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

To preserve quality and freshness, keep bottle tightly closed.

Store between 15° - 30°C (59° - 86°F).

KEEP OUT OF REACH OF CHILDREN.

*Rugby Laboratories is not affiliated with the owner
of the trademark Os-Cal® 500+D.

Questions or comments?

1-800-645-2158

www.rugbylaboratories.com

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Re-order No. 370484

Rev. 03/16 R-29

11078-03-16

LOT # / EXP. DATE: