

Optimal Naturals™

TRIM NATURALS™

A Complete Diet and
Weight Management Formula

60 Capsules - Dietary Supplement

SUGGESTED USE: As a dietary supplement, with 8 oz. of water take one (1) capsule early morning, and one (1) capsule with 8 oz. of water early afternoon. Do not exceed more than two (2) capsules per day. This product should be used in conjunction with a sensible diet and exercise program.

CAUTION: Do not exceed recommended dose. This product is not intended for pregnant or nursing mothers, children under the age of 18, or individuals taking prescription drugs. Discontinue use immediately if nausea, sleeplessness, or nervousness occur. Do not take this product if you have a known medical condition including high blood pressure, diabetes, any cardiovascular disorder, heart disease, hyperthyroidism, or are taking antidepressant medications. If you have questions about the advisability of taking this product, consult your physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

WARNING: This product contains 217 mg of caffeine per serving (equivalent to 2 cups of coffee)

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot#:

Manufacture Date:

Best if used by:

4866-14065-14065-60

Optimal Naturals™

Orange County, California

www.optimalnaturals.com

800.985.8974

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Chromium (amino acid chelate)	100 mcg 83%
Caffeine (anhydrous)	200 mg *

Proprietary Blend 580 mg *

Consisting of Hoodia Cactus Powder, Magnolia Bark (1.5% extract), Glucomannan, Green Tea (50% extract), Theobromine (99%), Guarana (33% extract providing 17mg naturally-occurring caffeine), Cha de Bugre (herb powder), Maca Extract (0.6% macamides), L-Theanine, Banaba (1% extract), and Guggulesterone.

*Daily Value not established.

Other ingredients: Gelatin, magnesium stearate, stearic acid and silica.

**KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED
OR MISSING.
STORE IN A COOL, DRY PLACE.**