

**Rugby**<sup>®</sup>

**NEW  
Formula &  
Appearance**

# Niacin 500 mg

DIETARY SUPPLEMENT

1000 TABLETS

**TAMPER RESISTANT - DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**

**DIRECTIONS:** Adults only: One tablet daily as a dietary supplement, or as directed by a physician.

## Supplement Facts

Serving Size 1 Tablet

**Amount per serving**

Niacin (as nicotinic acid) 500 mg

**% Daily Value**

2500%

**Other Ingredients:** Microcrystalline cellulose, dicalcium phosphate, stearic acid, magnesium stearate, croscarmellose sodium and silica.

**CAUTION:** Niacin may cause temporary flushing, itching and tingling, feelings of warmth and headache, particularly when beginning, increasing dose, or changing brand of niacin. These effects seldom require discontinuing niacin use. Skin rash, upset stomach, and low blood pressure when standing are less common symptoms; if they persist, contact a physician.

**WARNINGS:** Do not use this product if you have a known sensitivity or allergy to niacin. Use only under the advice and supervision of a physician if you:

- have heart disease, recurrent chest pain (angina), or recently suffered a heart attack
- are taking high blood pressure or cholesterol lowering drugs (because of possible drug interactions)
- have any of the following conditions: gallbladder disease, gout, arterial bleeding, glaucoma, diabetes, impaired liver function, peptic ulcer, or are a pregnant or lactating woman

Free of sugar, sodium, starch, soy, gluten, corn, preservatives, yeast, animal by-products, artificial colors-flavors.

To preserve quality and freshness, keep bottle tightly closed.

Store between 15° - 30°C (59° - 86°F).

**KEEP OUT OF REACH OF CHILDREN.**

**This is a bulk package. Dispense contents with a child-resistant closure in a tight, light-resistant container as defined in the USP.**

Questions or comments?

1-800-645-2158

[www.rugbylaboratories.com](http://www.rugbylaboratories.com)

**Distributed by:**

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