

**Rugby**®NEW  
Formula &  
Improved TasteCOMPARES TO ACTIVE INGREDIENTS  
IN FLINTSTONES™ COMPLETE†**CHILDREN'S**  
**Chewable**  
**Vite** with  
**Iron**  
MULTIPLE VITAMIN  
SUPPLEMENT  
100 TABLETS**TAMPER RESISTANT - DO NOT USE IF IMPRINTED  
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING****DIRECTIONS:** Adults and children 4 years of age and older, chew one (1) tablet daily, preferably with a meal. For children, 2-3 years of age, chew one-half (1/2) tablet daily.**Supplement Facts**

Serving Size 1/2 Tablet (2 - 3 years of age); 1 Tablet (4 years of age &amp; older)

Amount per tablet	%DV*	%DV**
Vitamin A (as acetate & beta carotene)	3,000 IU	60%
Vitamin C (as sodium ascorbate)	60 mg	75%
Vitamin D-3 (as cholecalciferol)	600 IU	75%
Vitamin E (as dl-alpha tocopheryl acetate)	30 IU	150%
Vitamin K (as phytonadione)	55 mcg	+
Vitamin B-1 (as thiamine mononitrate)	1.5 mg	100%
Vitamin B-2 (riboflavin)	1.7 mg	106%
Niacinamide (Vitamin B-3)	15 mg	83%
Vitamin B-6 (as pyridoxine HCl)	2 mg	143%
Folic Acid	0.4 mg	100%
Vitamin B-12 (as cyanocobalamin)	6 mcg	100%
Biotin	40 mcg	13%
Pantothenic Acid (as calcium pantothenate)	10 mg	100%
Calcium (as calcium carbonate)	100 mg	6%
Iron (as ferrous fumarate)	18 mg	80%
Iodine (as potassium iodide)	150 mcg	107%
Zinc (as zinc oxide)	12 mg	75%
Copper (as cupric oxide)	2 mg	100%
Sodium (as sodium ascorbate)	21 mg	+

\*% Daily Value (DV) for Children 2 - 3 years of age (1/2 tablet).

\*\*% Daily Value (DV) for Adults and Children 4 or more years of age (1 tablet).

+ Daily Value (DV) not established.

**Other Ingredients:** Sorbitol, sugar, gelatin, citric acid, stearic acid, starch, cherry flavor, orange flavor, grape flavor, silica, mannitol, dicalcium phosphate, maltodextrin, microcrystalline cellulose, magnesium stearate, FD&C red #40 lake, FD&C yellow #6 lake, sodium ascorbate, FD&C blue #2 lake, triglycerides, tocopherols, sodium benzoate, sorbic acid, tricalcium phosphate, ascorbyl palmitate and BHT.**Cherry flavor contains:** Modified Corn Starch**Grape flavor contains:** Maltodextrin, Modified Corn Starch and Silica**Orange flavor contains:** Maltodextrin, Lactose†, Natural Flavoring, Modified Corn Starch and Sugar †Contains: Milk**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

To preserve quality and freshness, keep bottle tightly closed.

Store between 15° - 30°C (59° - 86°F).

**KEEP OUT OF REACH OF CHILDREN.**

Questions or comments?

1-800-645-2158

[www.rugbylaboratories.com](http://www.rugbylaboratories.com)

†Rugby Laboratories is not affiliated with the owner of the trademark Flintstones™ Complete.

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