

For more information, please visit
integrativepro.com.

If pregnant, nursing, or taking prescription drugs,
consult your healthcare professional prior to use.

Quatrefolic® is a registered trademark of Gnosis S.p.A.

Keep out of reach of children. Safety sealed
with printed inner seal. Do not use if seal is
broken or missing.

Contains no sugar, salt, yeast, wheat, gluten, soy, dairy
products, artificial colors, flavors, preservatives, or
ingredients of animal origin.

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GREEN BAY, WI 54311 USA
integrativepro.com • 800.931.1709

◆ LZ10032.A02 BLK7024A



THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



ACTIVE B-COMPLEX

WITH QUATREFOLIC® BRAND
METHYLFOLATE

60 VEG CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 capsules

Servings per container 30

Amount per 2 capsules		%DV
Total Carbohydrate	1 g	<1%†
Dietary Fiber	<1 g	2%†
Thiamin (Vitamin B1)	50 mg	3,333%
Riboflavin (as riboflavin-5'-phosphate and Vitamin B2)	50 mg	2,941%
Niacin (as inositol hexaniacinate)	100 mg	500%
Vitamin B6 (as pyridoxal-5'-phosphate and pyridoxine HCl)	50 mg	2,500%
L-Methyltetrahydrofolate (as Quatrefolic® brand (6S)-5-Methyltetrahydrofolate, glucosamine salt)	800 mcg	200%
Vitamin B12 (as methylcobalamin)	1 mg	16,667%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium D-pantothenate)	100 mg	1,000%
Choline Bitartrate	250 mg	**
Inositol	250 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: vegetable capsule (hydroxypropyl methylcellulose),
cellulose, calcium laurate, silicon dioxide

Recommendation: Take 1 or 2 capsules daily, or as recommended
by your healthcare professional.