

**Rugby**®

**NEW**  
Formula &  
Appearance

**CALCIUM SUPPLEMENT**

# Calcium Lactate

Helps maintain strong bones\*

EACH TABLET PROVIDES  
84 mg ELEMENTAL CALCIUM

**100 TABLETS**

**TAMPER RESISTANT - DO NOT USE IF IMPRINTED  
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**

**DIRECTIONS: Adults only:** Three tablets per day, preferably 1-2 hours after a meal.

## Supplement Facts

Serving Size 3 Tablets

Servings per container: appx. 33

Amount per 3 tablets	% Daily Value
Calcium (as calcium lactate pentahydrate)	252 mg 25%

**Other Ingredients:** Microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate, silica, pharmaceutical glaze and talc.

Free of starch, sugar, sodium, gluten, yeast, corn, animal by-products, preservatives and artificial colors-flavors.

Adequate calcium throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.\*

**\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE  
FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT  
INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY  
DISEASE.**

To preserve quality and freshness, keep bottle tightly closed.  
Store between 15° - 30°C (59° - 86°F).

**KEEP OUT OF REACH OF CHILDREN.**



Questions or comments?

1-800-645-2158

[www.rugbylaboratories.com](http://www.rugbylaboratories.com)

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