

Optimal Naturals™

JOINT ESSENTIALS™

A Complete Joint and
Cartilage Health Formula

90 Tablets - Dietary Supplement

SUGGESTED USE: As a dietary supplement, take one (1) or two (2) tablets three times daily.

CAUTION: Do not exceed recommended dose. This product is not intended for persons with allergies to shellfish. Not to be used by pregnant or nursing mothers or children under the age of 18. If you have questions about the advisability of taking this product, consult your physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

**KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS
DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.**

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot#:

Manufacture Date:

Best if used by: 4866-5211-5211-90

Optimal Naturals™

Orange County, California

www.optimalnaturals.com

800.985.8974

Supplement Facts

Serving Size 2 Tablets

Amount Per Serving	%Daily Value	
Vitamin A (acetate)	100 IU	2%
Vitamin C (as ascorbic acid)	1 mg	2%
Vitamin E (as d-Alpha tocopheryl acetate)	1 IU	3%
Vitamin B-1 (thiamine hcl)	1 mg	67%
Vitamin B-2 (riboflavin)	1 mg	59%
Niacinamide	1 mg	5%
Vitamin B-6 (as pyridoxine hcl)	1 mg	50%
Vitamin B-12 (cyanocobalamin)	10 mcg	167%
Manganese (sulfate)	320 mcg	16%
Zinc (amino acid chelate)	200 mcg	1%
Selenium (amino acid chelate)	20 mcg	29%
Copper (amino acid chelate)	100 mcg	5%
Chromium (amino acid chelate)	20 mcg	17%
Glucosamine Sulfate	500 mg	*
Chondroitin Sulfate	400 mg	*
Shark Cartilage	750 mg	*
New Zealand Green Lipped Sea Mussel	250 mg	*
MSM (methylsulfonylmethane)	250 mg	*
L-Histidine	10 mg	*
Boron (amino acid chelate)	1 mg	*
Alfalfa Powder	25 mg	*
Yucca Extract (29% saponins)	1 mg	*
Devil's Claw (powder)	1 mg	*
Cetyl Myristoleate	1 mg	*

*Daily Value not established.

Other ingredients: Dicalcium phosphate, stearic acid, croscarmellose sodium, magnesium stearate and natural vanilla (coating).

ALLERGEN WARNING: CONTAINS FISH (SHARK) SHELLFISH (GLUCOSAMINE, NEW ZEALAND GREEN LIPPED SEA MUSSEL), AND SOY.