

Rugby®

New  
Formula

TIMED RELEASE

**Niacin**  
500 mg

DIETARY SUPPLEMENT

100 TABLETS

**TAMPER RESISTANT - DO NOT USE IF IMPRINTED  
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**

**DIRECTIONS:** Adults: As a dietary supplement, take one tablet daily, preferably with a meal, or as directed by a health care professional.

## Supplement Facts

Serving Size 1 Tablet

Amount per serving		% Daily Value
Niacin (Nicotinic Acid)	500 mg	2,500%

**Other ingredients:** Di Calcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Magnesium Stearate, Hypromellose, Titanium Dioxide, Magnesium Silicate, Triacetin, Mineral Oil and Sodium Lauryl Sulfate.

**Free of:** Sugar, Sodium, Starch, Yeast, Soy, Corn, Wheat, Dairy, Egg, Gluten, Fragrance, Artificial Colors or Flavors and Preservatives.

**CAUTION:** Niacin may cause a temporary flushing, itching and tingling, feelings of warmth and headache, particularly when beginning, increasing dose, or changing brand of niacin. These effects seldom require discontinuing niacin use. Skin rash, upset stomach, and low blood pressure when standing are less common symptoms; if they persist, contact a physician.

**WARNINGS:** Do not use this product if you have a known sensitivity or allergy to niacin. Use only under the advice and supervision of a physician if you:

- have heart disease, recurrent chest pain (angina), or recently suffered a heart attack
- are taking high blood pressure or cholesterol lowering drugs (because of possible drug interactions)
- have any of the following conditions: gallbladder disease, gout, arterial bleeding, glaucoma, diabetes, impaired liver function, peptic ulcer, or are a pregnant or lactating woman.

**KEEP OUT OF THE REACH OF CHILDREN.**

Keep bottle tightly closed. Store between 15° - 30°C (59° - 86°F).



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Control No.:

Exp. Date:

Questions or comments? 1-800-645-2158

[www.rugbylaboratories.com](http://www.rugbylaboratories.com)

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