

Optimal Naturals™

# CLEANSE NATURALS™



A Complete Digestive and  
Colon Health Formula

90 Capsules - Dietary Supplement

**SUGGESTED USE:** As a dietary supplement take one (1) capsule three (3) times daily with 8oz of water. Do not exceed three (3) capsules daily.

**CAUTION:** Do not exceed recommended dose. This product contains cascara sagrada, rhubarb, buckthorn bark, and senna leaves. This product is not intended for pregnant or nursing mothers or children under the age of 18. Do not use this product if you have abdominal pain, diarrhea or loose stools. Do not use this product for more than one week unless directed by a physician. Rectal bleeding and / or failure to have a bowel movement after the use of a laxative formula may be an indication of a more serious condition. Should this occur, or if you have a known medical condition and are taking medication, consult your physician prior to taking this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, cure, prevent or diagnose any disease.

Lot#:

Manufacture Date:

Best if used by: **4866-5902-5902-90**

**Optimal Naturals™**

Orange County, California

[www.optimalnaturals.com](http://www.optimalnaturals.com)

800.985.8974

## Supplement Facts

Serving Size 1 Capsule

### Amount Per Serving

|                                 |        |   |
|---------------------------------|--------|---|
| Fennel Seed (herb powder)       | 190 mg | * |
| Cascara Sagrada (herb powder)   | 175 mg | * |
| Ginger Root (herb powder)       | 60 mg  | * |
| Goldenseal (herb powder)        | 50 mg  | * |
| Pysllium Husk                   | 190 mg | * |
| Buckthorn Bark (herb powder)    | 60 mg  | * |
| Licorice Root (4:1 concentrate) | 60 mg  | * |
| Rhubarb (herb powder)           | 50 mg  | * |

|                                                                                                                         |       |   |
|-------------------------------------------------------------------------------------------------------------------------|-------|---|
| Proprietary Blend                                                                                                       | 55 mg | * |
| Consisting of: Citrus Pectin, Flaxseed Powder, Acidophilus, Aloe Vera, Cayenne Pepper, Senna, Oat Bran and Prune Juice. |       |   |

\*Daily Value not established.

**Other ingredients:** Gelatin, magnesium stearate and silicon dioxide.

**KEEP OUT OF THE REACH OF CHILDREN.  
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.  
STORE IN COOL, DRY PLACE.**