Optimal Naturals™

SUGGESTED USE: As a dietary supplement, take two (2) capsules daily.

caution: Do not exceed the recommended dose. This product is not intended for pregnant or nursing mothers or children under the age of 18. Individuals currently using "Statin" drugs or those with a known medical condition should consult a physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, fish and crustacean shellfish.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot#: Manufacture Date: Best if used by:

4866-10139-946a

Optimal Naturals™

Orange County, California www.optimalnaturals.com 800.985.8974



Supplement Facts

Serving Size 2 Capsules

*Daily Value not established.

(PLANT STEROLS).

Amount Per Serving	%Daily	%Daily Value	
Niacin (granular)	50 mg	250%	
Policosanol	10 mg	*	
Gugulipid (2.5% guggulsteror	nes) 100 mg	*	
Plant Sterol Complex	200 mg	*	
Cayenne (herb powder)	50 mg	*	
Garlic (herb powder)	50 mg	*	

Other ingredients: Vegetable cellulose, rice flour, vegetable stearate and silicon dioxide ALLERGEN WARNING: CONTAINS SOY

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN COOL, DRY PLACE.

60 Capsules - Dietary Supplement