

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, vegetable stearic acid, vegetable magnesium stearate, silicon dioxide, polydextrose, hypromellose, titanium dioxide, talc, maltodextrin, medium chain triglycerides and caramel.

To preserve quality and freshness,
keep bottle tightly closed.

Store between 15°-30°C (59°-86°F).

Questions or comments? 1-800-645-2158
www.rugbylaboratories.com

Re-order No. 370360

Rev. 11/16

R-92

STOP PEELING

Rugby®

Multilex

**VITAMIN &
MINERAL
SUPPLEMENT**

**100 FILM COATED
TABLETS**

**TAMPER RESISTANT - DO NOT USE IF IMPRINTED
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**
DIRECTIONS: Adults and children over 12 years of age: One
tablet daily, preferably with or after a meal.

Supplement Facts

Serving Size 1 Tablet

Amount per tablet	% Daily Value
Vitamin A (as retinyl acetate)	10,000 IU 200%
Vitamin C (as ascorbic acid)	100 mg 166%
Vitamin D3 (as cholecalciferol)	400 IU 100%
Vitamin E (as dl-alpha tocopheryl acetate)	5.5 IU 18%
Thiamine (as thiamine mononitrate) (Vitamin B1)	10 mg 666%
Riboflavin (B2)	5 mg 294%
Niacinamide	30 mg 150%
Vitamin B6 (as pyridoxine hydrochloride)	1.7 mg 85%
Vitamin B12 (as cyanocobalamin)	3 mcg 50%
Pantothenic acid (as d-calcium pantothenate)	10 mg 100%
Iron (as ferrous sulfate)	15 mg 83%
Iodine (as potassium iodide)	150 mcg 100%
Magnesium (as magnesium oxide)	5 mg <2%
Zinc (as zinc sulfate)	1.5 mg 10%
Copper (as copper sulfate)	1 mg 50%
Manganese (as manganese gluconate)	1 mg 50%

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a physician or Poison Control Center immediately.



Control No.:

Exp. Date:

Distributed by: Rugby Laboratories

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