

WARNING: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. KEEP OUT OF REACH OF CHILDREN. DO NOT CONSUME THIS PRODUCT IF YOU HAVE A MEDICAL CONDITION AND/OR ARE TAKING ANY PRESCRIPTION MEDICATION. DO NOT EXCEED RECOMMENDED SERVINGS. DO NOT USE THIS PRODUCT IF YOU ARE AT RISK OR ARE BEING TREATED FOR HIGH BLOOD PRESSURE, KIDNEY, THYROID OR PSYCHIATRIC DISEASE, ANXIETY, DEPRESSION, SEIZURE, ENLARGED PROSTATE OR STROKE. ALWAYS CONSULT A PHYSICIAN BEFORE BEGINNING ANY SUPPLEMENT OR TRAINING PROGRAM. **WARNING FOR CALIFORNIA RESIDENTS ONLY: THIS PRODUCT CONTAINS CHEMICALS KNOWN IN STATE OF CALIFORNIA TO CAUSE CANCER, OR BIRTH DEFECTS OR OTHER REPRODUCTIVE HARM.**

+ THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

PROSUPPS
RESULTS... PERIOD!



CRASH

RESTFUL SLEEP & RECOVERY+

60
CAPSULES

DIETARY
SUPPLEMENT

> INFUSED WITH GABA & VALERIAN ROOT

> HEALTHY STRESS MANAGEMENT +

> SUPPORTS DEEP REM SLEEP +

SUGGESTED USE: AS A DIETARY SUPPLEMENT, TAKE 1 OR 2 CAPSULES 30 MINUTES PRIOR TO BEDTIME. **DO NOT EXCEED 3 CAPSULES.** MOST USERS GET DESIRED EFFECTS FROM 1 CAPSULE.

Supplement Facts

Serving Size: 2 Capsules
Servings Per Bottle: 30

Amount Per Serving		% DV
Vitamin B6 (as Pyridoxal-5-Phosphate Monohydrate)	0.6mg	30%
Crash® Opti-Matrix	965mg	*
Germine- α -methylbutyric Acid (GABA), Valerian Root Powder, L-Tryptophan, L-Carnitine L-Tartrate, Green Tea Leaf Extract (90% Polyphenols/50% EGCG/70% Catechins), SerinAid® Phosphatidylserine, Biodiamine, 5-HTP (L-5 Hydroxytryptophan) (Griffonia simplicifolia) (seed), AlphaSize® Alpha-Glycerol Phosphoryl Choline (A-GPC), Melatonin.		

*Percent daily value(DV) not established.

Other Ingredients: Gelatin, Maltodextrin, Soy Lecithin (Alcolec®), Silicon Dioxide, Magnesium Stearate, Di-Calcium Phosphate, Titanium Dioxide & FD&C Blue #1.

Contains: soy [Alpha-Glycerol Phosphoryl Choline (AlphaSize®), Phosphatidylserine (PS)(SerinAid®), Soy Lecithin (Alcolec®)]

AlphaSize® is a registered trademark of CHEMI US, Inc.

SerinAid® is a registered trademark of CHEMI S.p.A. Corporation

Alcolec® is a registered trademark of American Lecithin Company

Store in a cool, dry place. Protect from heat, light and moisture. Do not purchase if safety seal is broken or missing.

USA 70-0317 V2

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