

Known as the building blocks of protein, BCAAs are a proven way to support lean muscle maintenance, prevent training fatigue and promote recovery. Unfortunately, many BCAA from the promote recovery. Unfortunately, many BCAA from the promote short promote

RCAAc

Branch Chain Amino Acids (Leucine, Isoleucine & Valine) are critically important for the stimulation of muscle protein synthesis, the reduction of protein breakdown and for preserving muscle glycogen stores. These amino acids are rapidly absorbed into the bloodstream, which makes them efficient and effective +

FAAs

Essential Amino Acids are 'essential' to obtain through diet because the body cannot produce them on its own. They are the key to a variety of functions, including the production of cellular energy, promotion of cellular repair, promotion of healthy digestion, prevention of muscle breakdown. and more +

2:1:1





UGGESTED USE: As a dietary supplement, mix 1 scoop (14.5g) ydroBCAA™ with 8-10 fluid oz. of cold water. HydroBCAA™ can be consume four to training during training and after training for maximum efficient.

Supplement Facts

Serving Size: 1 Scoop [14.5g] Servings Per Container: 30

	Amount Per Serving	% DV *
Calories	0	
Total Carbohydrates	Og	0%
Sugars	Og	**
Calcium (as calcium citrate)	50mg	4%
Magnesium (as magnesium citrate)	50mg	12%
Sodium (as sodium citrate)	50mg	2%
Potassium (as potassium chloride)	100mg	2%
2:1:1 BCAA Blend L-Leucine, L-Isoleucine, L-Valine	7g	**
EAA Blend: L-Threonine, L-Phenylalanine, L-Lysir	ne, L-Histidine	**

^{*} Percent Daily Values are based on a 2,000 calorie diet

** Daily Value (DV) not established

Other Ingredients: Citric Acid, Natural Flavors, Sucralose, Silicon Dioxide, Turmeric (for color), Acesulfame Potassium

No Artificial Colors or Dyes

STORE IN A COOL, DRY PLACE, CONTENT SOLD BY WEIGHT NOT VOLUME; SOME SETTLING MAY OCCUR. PROTECT FROM HEAT, LIGHT, AND MOISTURE.



ontains 0% Juice	USA, INT'L 70-0402 V
IANUFACTURED FOR AND DISTRIBU 460 WARREN PARKWAY, SUITE 150	
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