

Rugby[®]

VITAMIN

B-1

SUPPLEMENT

50 mg

100 TABLETS

TAMPER RESISTANT – DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING

DIRECTIONS: Adults, take one tablet daily preferably with a meal, as a dietary supplement or as directed by your physician.

Supplement Facts

Serving Size 1 Tablet

Amount per tablet		% Daily Value
Thiamine (Vitamin B-1) (as Thiamine HCl)	50 mg	4167%
Calcium (from Di-Calcium Phosphate and Calcium Carbonate)	40 mg	3%
Phosphorus (from Di-Calcium Phosphate)	12 mg	1%

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, maltodextrin, magnesium stearate, silica.

Free of sodium, gluten, yeast, preservatives, artificial colors-flavors.

To preserve quality and freshness,
keep bottle tightly closed.

Store at room temperature in a dry place.

KEEP OUT OF REACH OF CHILDREN

As with any supplement, if you are pregnant, nursing, taking medications or have a medical condition consult your doctor before use.



Questions or comments?

Call **1-800-645-2158**

www.rugbylaboratories.com

Re-order No. 370419

Distributed by:

Rugby Laboratories

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Non Varnish Area