

Jarrow
FORMULAS

Ideal Bowel Support® 299v™ *L. plantarum* 299v

Lot #: Best Used Before:

Jarrow
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Ideal Bowel Support® 299v™ *L. plantarum* 299v

Recommended Use: Take 1 capsule 1 or 2 times per day with a meal or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Ideal Bowel Support® 299v™ contains a clinically-documented, human-origin probiotic strain, *L. plantarum* 299v, that resists stomach acid and bile salts and demonstrated specific adherence properties for colonization of human intestinal mucosa. *L. plantarum* 299v has been used in human clinical studies for intestinal health and function.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STRAINS MATTER™:
Jarrow Formulas' Probiotics Contain
Clinically Documented Strains



Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

	Amount Per Serving	% DV
<i>Lactobacillus plantarum</i> 299v	10 Billion Viable Cells (Minimum)§	††

§ Minimum 10 billion viable cells at time of consumption, under recommended storage conditions and within Best Used Before date.
†† Daily Value not established.

Other Ingredients: Potato starch and magnesium stearate (vegetable source). Vegetarian capsule consists of hydroxypropylmethylcellulose.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

NOTE: Color of product naturally varies from white to tan.

Storage Instructions: Ideal Bowel Support® 299v™ is room temperature stable and does not require refrigeration. Refrigeration will, however, extend the shelf-life. Avoid temperatures above 77°F (25°C).

Suitable for vegetarians/vegans.

Dairy-Free • Gluten-Free



MADE IN CANADA

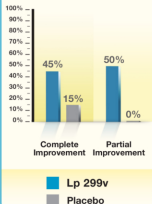
Jarrow FORMULAS®
Superior Nutrition and Formulation™
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Improvement In Intestinal Discomfort††



† The controlled, double-blind, randomized study by Niedzielin *et al.* evaluating Lp 299v vs. placebo was done on 40 subjects affected by bloating, gas and intestinal discomfort.*

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**Reduces Bloating, Gas
and Intestinal Discomfort***

Supports Regularity*

**Dairy-Free
Gluten-Free**



**30 PROBIOTIC
VEGGIE CAPS SUPPLEMENT**