Sleep Refined™ is a break-through formula

that targets all 3 stages of the sleep cycle, ensuring better quality and sustainable sleep. Using an innovative release technology, each ingredient is delivered in precise doses at different times throughout the night. Within 30 minutes of consumption, specific doses of non-habit forming melatonin. Venetron®-a clinically studied Apocynum venetum leaf extract-and Suntheanine®, a patented pure form of the amino acid L-theanine all act in symphony to prepare the stage for a restful night. A second dose of melatonin and Suntheanine® are released later in the night, to promote sleep maintenance and help you wake up relaxed and refreshed to start your day.\*

DIRECTIONS: Adults take 1 tablet daily, 30 minutes before bedtime.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



## PRIMAL

## Sleep Refined

**DUAL AND TIMED** RELEASE TECHNOLOGY

## DIETARY SUPPLEMENT 30 BI-LAYER TABLETS

Better Quality and Sustainable Sleep\*

Improved Next Day Alertness\*

## Supplement Facts Serving Size 1 Bi-Layer Tablet

Servings Per Container 30		
Amount Per Serving		%DV
Calcium	60 mg	5%
Apocynum venetum leaf extract (Venetron*)	50 mg	t
L-theanine (Suntheanine®)	200 mg	†
Melatonin	4 mg	Ť

\*Daily Value (DV) not established.

OTHER INGREDIENTS: Dicalcium phosphate, modified cellulose, behenic acid, microcrystalline cellulose, magnesium stearate, natural and artificial colors, stearic acid. croscarmellose sodium, vegetable juice color, silicon dioxide.

Developed by and Manufactured for: Primal Health, LP 710 Century Parkway - Allen, TX 75013

Contains no egg, milk, peanuts, tree nuts, shellfish, fish, soy, wheat, or gluten,

Suntheanine® is a registered trademark of Taiyo International, Inc. Venetron® is a registered trademark of Tokiwa Phytochemical Co., Ltd.

ഗ

ے

ш