CA CASH REFUND ME 5¢

For questions or reorders call: 1-800-864-5019 or visit our website at www.sportnutrition.com

18-14301

WORLDWIDE SPORT NUTRITION

PRE-WORKOUT

EXTREME NOS PUMPED

Nitro-Grape

Naturally & Artificially Flavored

HELPS PROMOTE NITRIC OXIDE SYNTHESIS*

200 MG CAFFEINE • SUGAR FREE

DIETARY SUPPLEMENT

20 FL. OZ. (1.25 PT.) (591mL)

If you're an athlete who wants to get the best from your workouts, then Extreme NOS Pumped should be your first choice in sports supplements. Extreme NOS Pumped contains Arginine from L-Arginine and L-Arginine Alpha-Ketoglutarate. Arginine is an amino acid involved in the formation of nitric oxide.*** During workouts, nitric oxide production can help support circulation and muscles.*** Extreme NOS Pumped also contains Glycerin, which may help support body hydration, and Caffeine to promote energy flow.*** Dietary intake is important for plasma Arginine levels, and daily supplementation can help, especially before exercise.***

DIRECTIONS FOR ADULT USE ONLY: Drink one (1) 20 fl. oz. serving per workout session as follows: 1/2 before and the balance during the course of your workout. Do not exceed 1 serving per workout session and not more often than every 3-4 hours. Limit use to no more than two (2) bottles in a 24-hour period. As a remedy, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Bottle

Amount Per Serving		% Daily Value
Calories	60	
Total Carbohydrate	14 g	5%*
Sugars	0 g	**
Niacin (as Niacinamide)	20 mg	100%
Folic Acid	400 mcg	100%
Sodium	60 mg	3%
Potassium (as Potassium Citrate)	135 mg	4%
Glycerin	10 g	**
NOS Pumped Complex	3 g	**
L-Arginine		**
L-Arginine Alpha-Ketoglutarate		**
Caffeine	200 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Water. Contains less than 1% of the following: Phosphoric Acid, Natural and Artificial Flavor, Malic Acid, Potassium Sorbate (Preservative), Sodium Benzoate (Preservative), Acesulfame Potassium, Sucralose, Red 40, Blue 1, Citric Acid, Food Starch Modified, Gum Arabic.

WARNING: Not for use by pregnant, lactating or postmenopausal women and anyone on a sodium-restricted diet. Do not exceed recommended dose. **Avoid this product if you have, or have had,** a disorder of arginine metabolism. **Consult doctor before use if you have, or have had,** sensitivity to caffeine, cardiovascular disease, osteoporosis, a vitamin B-12 deficiency, anemia, hypertension, dehydration, edema, kidney or liver disease, diabetes, congestive heart failure, liver or kidney problems, gout, sickle cell anemia, severe infection, autoimmune disease, inflammatory conditions, tremors or malignancies, high or low blood pressure, diabetes, hypoglycemia, herpes, cold sores, other sores or atypical lesions, if you smoke or drink alcohol on a regular basis, **ANY MEDICATIONS OR REMEDIES** such as blood thinners or daily aspirin, asthma, cold or flu remedies, antidepressants, diuretics, birth control pills or ibuprofen, stimulants or if you plan to have or have had recent surgery. This product contains caffeine. The recommended dose of this product contains about as much caffeine as two cups of coffee. Avoid additional consumption of caffeine or stimulants such as ephedra or Ma Huang, which may intensify adverse effects. Limit the use of caffeine-containing medications, foods, or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness, or rapid heartbeat. **Discontinue use and consult your doctor if any adverse reactions occur,** such as gastrointestinal discomfort, dehydration, nervous excitation, blood vessel sleeplessness, nervousness, tremors, shortness of breath, emotional upset, headache, frequent urination, ringing in the ears, fast or irregular heartbeat, changes in blood pressure, or dizziness. **NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18.**

Refrigerate after opening.

KEEP OUT OF REACH OF CHILDREN.

TAMPER RESISTANT: DO NOT USE IF CAP IS BROKEN.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

14300-03A 8 14300 GZD

7 49626 14300 2