



Centrum[®]

**MULTI+
OMEGA-3**

Advanced Support for
Whole Body Benefits+
**Heart, Brain
& Eyes***



60 Liquid Filled
Softgels

MULTIVITAMIN/MULTIMINERAL/OMEGA-3 SUPPLEMENT

WOMEN 50+

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Supplement Facts Serv. Size: 1 Softgel, **Amount Per Serving:** Calories 5, Vitamin A 750 mcg (60% as Beta-Carotene) (83% DV), Vitamin C 100 mg (111% DV), Vitamin D₃ 25 mcg (1,000 IU) (125% DV), Vitamin E 15.8 mg (105% DV), Vitamin K 50 mcg (42% DV), Thiamin 1.1 mg (92% DV), Riboflavin 1.1 mg (85% DV), Niacin 14 mg (88% DV), Vitamin B₆ 5 mg (294% DV), Folate 667 mcg DFE (400 mcg Folic Acid) (167% DV), Vitamin B₁₂ 12 mcg (500% DV), Biotin 30 mcg (100% DV), Pantothenic Acid 5 mg (100% DV), Calcium 100 mg (8% DV), Iodine 150 mcg (100% DV), Magnesium 10 mg (2% DV), Zinc 15 mg (136% DV), Selenium 23 mcg (42% DV), Copper 0.5 mg (56% DV), Manganese 2.3 mg (100% DV), Chromium 50 mcg (143% DV), Molybdenum 50 mcg (111% DV), Omega-3 Fatty Acids 200 mg (180 mg EPA + DHA). * Daily Value (DV) not established.

Ingredients: Fish Oil Concentrate (wild-caught Alaska Pollock), Calcium Carbonate, Gelatin, Ascorbic Acid (Vit. C), Glycerin, DL-alpha Tocopheryl Acetate (Vit. E), Sorbitol Sorbitan Solution, Purified Water. **Contains <2% of:** Beta-Carotene, Biotin, Blue 1, Calcium Pantothenate, Carmine (color), Cholecalciferol (Vit. D₃), Chromium Picolinate, Cupric Oxide, Cyanocobalamin (Vit. B₁₂), Dibasic Calcium Phosphate, Folic Acid, Fractionated Lecithin (soy), Magnesium Oxide, Manganese Sulfate, Niacinamide, Phytonadione (Vit. K), Potassium Iodide, Pyridoxine Hydrochloride (Vit. B₆), Red 40, Riboflavin (Vit. B₂), Rosemary Leaf Extract (to preserve freshness), Silicon Dioxide, Sodium Molybdate, Sodium Selenite, Thiamine Mononitrate (Vit. B₁), Titanium Dioxide, Tocopherols (to preserve freshness), Vitamin A Palmitate, Zinc Oxide. **Contains:** Soy.

SUGGESTED USE: Adults: Take one (1) softgel daily with food. Do not exceed suggested use. Not formulated for use in children.

As with any supplement, if you are pregnant, nursing, or taking medication, consult your doctor before use. If taking other supplements, read label, since supplements may contain the same ingredient.

Keep out of reach of children.

Store at room temperature. Avoid excessive heat above 40°C (104°F). Keep bottle tightly closed.

Bottle sealed with printed foil under cap. Do Not Use if foil is torn.

Marketed by: Pfizer, Madison, NJ 07940 USA © 2017 Pfizer Inc.

For most recent product information, visit www.centrum.com

Questions? Comments? Call 1-877-CENTRUM (236-8786)

† Includes 22 nutrients to support whole body health including B-vitamins to support heart health, zinc and B-vitamins to support normal brain function, and Vitamins A, C, and E to support eye health*§

§ Not a replacement for cholesterol-lowering drugs.

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