



SUGGESTED USE
SHAKE WELL BEFORE USING
Add 1 full squeeze of the dropper bulb
to 2 oz. of water or juice, 2 to 5 times
per day. Best taken between meals.
Keep Out of the Reach of Children
Store away from heat & light

014

Viburnum opulus
**CRAMP
BARK**

SYSTEM RESTORATION

Musculoskeletal*



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

Cramp Bark Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving	% DV
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Cramp Bark bark (<i>Viburnum opulus</i>) Ⓔ extract 657 mg Ⓔ	†
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† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (52-62%), distilled water & certified organic vegetable glycerin. **Gluten-Free**

Ⓔ Responsibly Wildcrafted

Ⓔ Extraction rate 140 mg herb per 0.7 ml.

Dry herb / menstruum ratio: 1 : 5

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800-348-4372 • www.herb-pharm.com

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.