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Store away from heat & light

Keep Out of the Reach of Children

before taking during pregnancy.

Caution: Seek expert medical advice

Add 1 full squeeze of the dropper bulb to 2 oz. of water or juice, 2 or 3 times per day. Best taken between meals.

SUGGESTED USE

SHAKE WELL BEFORE USING

012

Withania somnifera

ASHWAGANDHA

ENERGY & VITALITY*



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

Ashwagandha Liquid Extract

Supplement Facts

Serving Size: 0.7 ml	Servings: about 42
Amount Per Serving	% DV
Ashwagandha root (<i>Withania somnifera</i>) Ⓢ extract 626 mg Ⓢ	†
† Daily Value (DV) not established	

Other Ingredients: certified organic cane alcohol (61-71%) & distilled water.

Gluten-Free

- Ⓢ Certified Organic
- Ⓢ Extraction rate 175 mg herb per 0.7 ml.

Dry herb / menstruum ratio: 1 : 4

HERB PHARM • WILLIAMS, OR 97544
800-348-4372 • www.herb-pharm.com
Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.