

**DIRECTIONS:** Add 1 scoop of powder to 8 oz. of water or juice. Mix or blend until smooth. Take as a dietary supplement or as directed by your qualified healthcare professional.

**NOTE:** Packaged with desiccant. DO NOT eat or swallow the desiccant. If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Scientific studies confirm that phytonutrients such as chlorophyll, polyphenols, carotenoids and other antioxidants help support the body's antioxidant defense.\* **Green Defense®** is rich in phytonutrients that help support the body's self-defense mechanisms, detoxify and nourish the body and assist in the achievement of total well being.\*

**Green Defense®** provides an array of nature's best ingredients:

- Antioxidants, including the stilbene **resveratrol** from tiger cane root (*Polygonum cuspidatum*) along with polyphenols from **green tea, grape seed** and **citrus**.
- **Metabolin®** probiotic metabolites (a rich source of organic acids, polysaccharides and natural bacteriocins) to help balance the intestinal microflora and promote detoxification.\*
- Fibers from **apple, rice bran, gum acacia** and **FOS (FructoOligoSaccharides)** to promote the growth of good bacteria and enhance detoxification.\*

No refined sugars or artificial flavors.

Keep out of the reach of children.  
Suitable for vegetarians/vegans.

ORAC Value (Oxygen Radical Absorbance Capacity) > 2100/Serving

OxyPhyte® is a registered trademark of RFI, LLC.

**NOTE:** Appearance of the product may vary due to the nature of the plant ingredients.

Packaged by weight, not by volume.

\* These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #: Best Used Before:

**Jarrow**  
FORMULAS

Super Green Foods with Resveratrol

# Green Defense®

Probiotic Metabolites  
Antioxidants  
Phytonutrients

**Supports Detoxification\* and Promotes Natural Defense\***

NET WEIGHT

**6.35 oz (180 g)**  
**POWDER**  
**DIETARY SUPPLEMENT**



## Supplement Facts

Serving Size 1 Scoop (6 g)

Servings Per Container 30

| Amount Per Serving | % DV       | Amount Per Serving                                               | % DV               | Amount Per Serving                       | % DV               |
|--------------------|------------|------------------------------------------------------------------|--------------------|------------------------------------------|--------------------|
| Calories           | 25         | Total Carbohydrate                                               | 5 g 2%†            | <b>Fibers</b>                            | <b>1,220 mg ††</b> |
| Total Fat          | 0.5 g <1%† | Dietary Fiber                                                    | 3 g 12%†           | FOS (FructoOligoSaccharides)             |                    |
| Saturated Fat      | 0 g 0%†    | Sugars                                                           | 2 g ††             | Rice Bran Powder                         |                    |
| Trans Fat          | 0 g ††     | Protein                                                          | <1 g 1%            | Apple Fiber                              |                    |
| Cholesterol        | 0 mg 0%    | Sodium                                                           | 10 mg <1%          | Gum Acacia                               |                    |
|                    |            |                                                                  |                    | <b>Probiotic Metabolites</b>             | <b>60 mg ††</b>    |
|                    |            |                                                                  |                    | Metabolin® (Propionibacterium shermanii) |                    |
|                    |            |                                                                  |                    |                                          |                    |
|                    |            | Amount Per Serving                                               | % DV               |                                          |                    |
|                    |            | <b>Grasses and Algae</b>                                         | <b>2,750 mg ††</b> |                                          |                    |
|                    |            | Barley Grass Juice Powder (Hordeum vulgare)                      |                    |                                          |                    |
|                    |            | Wheat Grass Juice Powder (Triticum aestivum)                     |                    |                                          |                    |
|                    |            | Oat Grass Juice Powder (Avena sativa)                            |                    |                                          |                    |
|                    |            | Quinoa Flour (Chenopodium quinoa)                                |                    |                                          |                    |
|                    |            | Spirulina Powder (Spirulina platensis)                           |                    |                                          |                    |
|                    |            | <b>Vegetables</b>                                                | <b>800 mg ††</b>   |                                          |                    |
|                    |            | Spinach Juice Powder (Spinacia oleracea)                         |                    |                                          |                    |
|                    |            | Broccoli Juice Powder (Brassica oleracea)                        |                    |                                          |                    |
|                    |            | Tomato Powder (Solanum lycopersicum)                             |                    |                                          |                    |
|                    |            | Beet Root Juice Powder (Beta vulgaris)                           |                    |                                          |                    |
|                    |            | <b>Botanicals</b>                                                | <b>285 mg ††</b>   |                                          |                    |
|                    |            | Quercetin (from Dimorphantha mollis)                             |                    |                                          |                    |
|                    |            | Tiger Cane Root Extract (Polygonum cuspidatum) (50% Resveratrol) |                    |                                          |                    |
|                    |            | Citrus Bioflavonoids                                             |                    |                                          |                    |
|                    |            | Milk Thistle Fruit Extract (Silybum marianum)                    |                    |                                          |                    |
|                    |            | Ginger Root Extract (Zingiber officinale)                        |                    |                                          |                    |
|                    |            | Green Tea Extract (Camellia sinensis)                            |                    |                                          |                    |
|                    |            | Grape Seed Extract (90% Polyphenols) (Vitis vinifera L.)         |                    |                                          |                    |

† Percent Daily Values based on a 2,000 calorie diet.  
†† Daily Value not established.

Other Ingredients: Soy lecithin, maltodextrin, natural flavor and Lo Han Guo (Momordica grosvenori).

**Contains:** Soy and wheat.

No dairy, no egg, no fish/shellfish, no peanuts/tree nuts.



Distributed Exclusively by  
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Superior Nutrition and Formulation™  
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