USAGE: Take 4 capsules per day or as directed by your qualified healthcare professional.

NOTE: DO NOT use if allergic to shellfish. If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product

Glucosamine and chondroitin sulfate are fundamental components of joint tissue involved in the production of hyaluronic acid, which is an important component of the synovial fluid that lubricates the joints and a major component of the connective tissue in the skin \*

Methylsulfonylmethane (MSM) is an organic source of sulfur, an antioxidant mineral and critical component of structural body tissues such as cartilage. The sulfur from MSM is incorporated into joint tissues as glycosaminoglycans (or mucopolysaccharides) such as chondroitin sulfate and hyaluronic acid.\* Vitamin C and manganese are required for the synthesis of collagen.

and cartilage.\* Jarrow Formulas® glucosamine sulfate is SODIUM FREE and stabilized with potassium chloride (KCI).

For best results, use with Jarrow Formulas® JarroSil®, the biologically Activated Silicon®

Keep out of the reach of children.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:



## Glucosamine **Chondroitin**

## MSM

Supports Joint Health\*

CAPSULES SUPPLEMENT

## Supplement Facts

Amount Per Serving		% D\
Vitamin C (as Ascorbic Acid)	60 mg	70%
Manganese (as Manganese Gluconate)	1 mg	45%
Glucosamine Sulfate (from 2,000 mg Glucosamine Sulfate • 2	1,500 mg KCI)	Ť
Chondroitin Sulfate (from 1,440 mg Chondroitin Sulfate Sodi	1,200 mg um)	†
Methylsulfonylmethane	300 mg	

Other Ingredients: Magnesium stearate (vegetable source), silicon dioxide and cellulose. Capsule consists of bovine gelatin.

† Daily Value not established.

Distributed Exclusively by:

JOTTOW FORMULAS"

Superior Nutrition and Formulation\*\*\* PO Boy 35994

Los Angeles, CA 90035-4317 www.Jorrow.com

Contains: Shellfish (shrimp or crab shell). No wheat, gluten, soybeans, dairy, egg, fish, or peanuts/tree nuts.





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