

Rugby[®]

NATURAL
MINERAL SUPPLEMENT
Magnesium
27 mg (elemental)

100 TABLETS

TAMPER RESISTANT-DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

Directions: One tablet daily.

Supplement Facts

Serving Size 1 Tablet

Amount per tablet	%Daily Value
Magnesium (as magnesium amino acid chelate)	27 mg 7%

Other Ingredients: Microcrystalline cellulose, dicalcium phosphate, croscarmellose sodium, stearic acid, magnesium stearate, silicon dioxide and pharmaceutical glaze.

Free of: sugar, starch, animal by-products, gluten, yeast, preservatives and artificial colors/flavors.

To preserve quality and freshness,
keep bottle tightly closed.

Store between 15°-30°C (59°-86°F).

KEEP OUT OF REACH OF CHILDREN



Rev. 11/15
R-92

Re-order No. 370357

Control No.:

Exp. Date:

unvarnished area

Questions or comments? 1-800-645-2158
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