NOTICE: This product contains Aloe. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools or abdominal pain because Aloe may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea, or if you are pregnant, nursing. taking medications or have a medical condition.

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, soy, corn, dairy products, artificial colors, flavors, or preservatives.

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Green Bay, WI 54311 USA

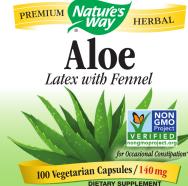




♠ LN10150.C02 BIKS0950







Recommendation: Adults and children age 12 years and over: take 1 capsule with a full glass (8 ounces) of liquid at hedtime. Not recommended for children under 12 years of age. Do not take more than 1 capsule in a 24-hour period. Do not take for more than 7 days, as frequent or prolonged use may result in dependence. Do not exceed recommended dosage. Not for long term use. Warning: Do not use when nausea or vomiting are present, unless directed by a healthcare professional. Do not use if you have a history of, or currently have, intestinal disease. Consult a healthcare professional if you notice a sudden change in bowel habits that persist for more than two weeks. If you experience rectal bleeding, or failure to move bowels with use, it may indicate a serious condition. Discontinue use and consult a healthcare professional.

Supplement Facts

Serving Size 1 Capsule	
Amount per Serving	% DV
Aloe ferox (latex)	140 mg**
Fennel (seed)	135 mg**

**Daily Value (DV) not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose), magnesium stearate, silica