

USAGE: For maintenance, take 1 capsule orally per day, preferably with a meal and a glass of water, and increase to 5 capsules per day as needed or take as directed by your qualified healthcare professional.

† Under license from Chr. Hansen A/S and protected by Chr. Hansen A/S patents of the WO 00/35465 patent family, and others.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Suitable for Vegetarians/Vegans
Free of Major Allergens

Made in Denmark by Chr. Hansen A/S
© 2018 Jarrow Formulas
Lot #: Best Used Before:

01518FEM4S
PROD # 103041

Jarrow
FORMULAS

VAGINAL/URINARY
TRACT HEALTH*

fem
dophilus

ORAL PROBIOTIC
SUPPLEMENT

NO
REFRIGERATION
NECESSARY

30
VEGGIE CAPS

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

	Amount Per Serving	% DV
Total Probiotic Blend	1 Billion Viable Cells	††
Composed of the following strains:		
Lactobacillus rhamnosus, GR-1 [®]		
Lactobacillus reuteri, RC-14 [®]		

†† Daily Value not established.

Other Ingredients: Maltodextrin (non-GMO source), cellulose, magnesium stearate (vegetable source). Capsule consists of hydroxypropylmethylcellulose and titanium dioxide. No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Supplement Facts and Formulation[®]
© 2018 Jarrow Formulas
Los Angeles, CA 90035-4317
www.jarrow.com

GR-1[®]/RC-14[®] and VAGINAL FLORA (also called microbiota)

In one of the randomized clinical trials, 75% of women in the GR-1[®]/RC-14[®] probiotic group experienced significant improvement in vaginal flora composition, while only 34% of women in the placebo (non-probiotic) group experienced similar improvement.



Martinez, et al. Can J Microbiol 2009;55:133-138

25+ YEARS OF GR-1[®]/RC-14[®] RESEARCH/CLINICAL STUDIES



USAGE: For maintenance, take 1 capsule orally per day, preferably with a meal and a glass of water, and increase to 2 capsules per day as needed or take as directed by your qualified healthcare professional. If your healthcare professional recommends taking this product in conjunction with antibiotics, take at least 1-2 hours after taking the medication.

Fem-Dophilus[®] contains two patented and clinically documented probiotic strains, *Lactobacillus rhamnosus*, GR-1[®] and *Lactobacillus reuteri*, RC-14[®], discovered and developed by Dr. Gregor Reid and Dr. Andrew Bruce at Ureth Biotech. Over 25 years of research supports the oral use of GR-1[®] and RC-14[®] to colonize and promote healthy vaginal and urinary tract health.* A special manufacturing process protects the probiotic strains in **Fem-Dophilus[®]** from stomach acid and enhances probiotic bacterial survival to the lower intestine.*

Fem-Dophilus[®] does not require refrigeration and can be stored at room temperature. Refrigeration will, however, extend the shelf life. Avoid temperatures above 77°F (25°C).

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

02118FEM5

PROD # 103041



© 2018 Jarrow FORMULAS[®]

Jarrow
FORMULAS

WOMEN'S
fem
dophilus

NEW
SHELF
STABLE

VAGINAL/URINARY TRACT HEALTH*

NO
REFRIGERATION
NECESSARY

25+
YEARS OF
RESEARCH/CLINICAL
STUDIES**

FREE OF MAJOR ALLERGENS
SUITABLE FOR VEGETARIANS/VEGANS

30
VEGGIE CAPS

ORAL PROBIOTIC SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

	Amount Per Serving	% DV
Total Probiotic Blend	1 Billion Viable Cells (Minimum)	††
Composed of the following strains:		
Lactobacillus rhamnosus, GR-1 [®]		
Lactobacillus reuteri, RC-14 [®]		

†† Daily Value not established.

Other Ingredients: Maltodextrin (non-GMO source), cellulose, magnesium stearate (vegetable source). Capsule consists of hydroxypropylmethylcellulose and titanium dioxide.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.



Distributed Exclusively by:
Jarrow FORMULAS[®]
Superior Nutrition and Formulation[®]
P.O. Box 30994
Los Angeles, CA 90035-4317
www.jarrow.com

RC-14[®] and GR-1[®] are registered trademarks of Chr. Hansen A/S.

† Under license from Chr. Hansen A/S and protected by Chr. Hansen A/S patents of the WO 00/35465 patent family, and others.

Made in Denmark by Chr. Hansen A/S

Lot #: Best Used Before: