

STRAINS MATTER™

Jarrow Formulas' Probiotics Contain
Clinically Documented Strains

USAGE: For maintenance, take 1 capsule orally per day, preferably with a meal and a glass of water, and increase to 2 capsules per day as needed or take as directed by your qualified healthcare professional.

† Under license from Chr. Hansen A/S and protected by Chr. Hansen A/S patents of the WO 00/35465 patent family, and others. Keep out of the reach of children. • Keep refrigerated. Free of major allergens. • Suitable for vegetarians/vegans.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
Made in Denmark by Chr. Hansen A/S
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Lot #: Best Used Before:



05318FEM60
PROD # 103030

**Jarrow
FORMULAS**

VAGINAL/URINARY
TRACT HEALTH*

**fem
dophilus®**



ORAL PROBIOTIC
SUPPLEMENT

60
VEGGIE CAPS

Supplement Facts

Serving Size 1 Capsule		
Servings Per Container 60		
	Amount Per Serving	% DV
Total Probiotic Blend	5 Billion Viable Cells	††
Composed of the following strains: Lactobacillus rhamnosus, GR-1® Lactobacillus reuteri, RC-14®		
†† Daily Value not established.		

Other Ingredients: Microcrystalline Cellulose (USP source), cellulose, magnesium stearate (vegetable source), Capsule consists of hydroxypropylmethylcellulose and titanium dioxide.
No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Distributed Exclusively by:
Jarrow Formulas™
Superior Nutrition and Formulation™
P.O. Box 35994
Los Angeles, CA 90035-4317
www.Jarrow.com

GR-1®/RC-14® and VAGINAL FLORA (also called microbiota)

In one of the randomized clinical trials, 75% of women in the GR-1®/RC-14® probiotic group experienced significant improvement in vaginal flora composition, while only 34% of women in the placebo (non-probiotic) group experienced similar improvement.



Martinez, et al. Can J Microbiol 2009;55:133-138

25+ YEARS OF GR-1®/RC-14® RESEARCH/CLINICAL STUDIES



USAGE: For maintenance, take 1 capsule orally per day, preferably with a meal and a glass of water, and increase to 2 capsules per day as needed or take as directed by your qualified healthcare professional. If your healthcare professional recommends taking this product in conjunction with antibiotics, take at least 1-2 hours after taking the medication.

Fem-Dophilus® contains two patented and clinically documented probiotic strains, *Lactobacillus rhamnosus*, GR-1® and *Lactobacillus reuteri*, RC-14®, discovered and developed by Dr. Gregor Reid and Dr. Andrew Bruce at Urex Biotech. Over 25 years of research supports the oral use of GR-1® and RC-14® to colonize and promote healthy vaginal and urinary tract health.* A special manufacturing process protects the probiotic strains in **Fem-Dophilus®** from stomach acids and enhances probiotic bacterial survival to the lower intestine.*

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VAGINAL/URINARY TRACT HEALTH*

25+
YEARS OF
RESEARCH/CLINICAL STUDIES**

PATENTED STRAINS

LACTOBACILLUS RHAMNOSUS, GR-1®
and **LACTOBACILLUS REUTERI, RC-14®**

60
VEGGIE CAPS
ORAL PROBIOTIC SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule		
Servings Per Container 60		
	Amount Per Serving	% DV
Total Probiotic Blend	5 Billion Viable Cells (Minimum)§	††
Composed of the following strains: Lactobacillus rhamnosus, GR-1® Lactobacillus reuteri, RC-14®†		
§ Minimum 5 billion viable cells at time of consumption, under recommended storage conditions and within Best Used Before date. †† Daily Value not established.		

Other Ingredients: Maltodextrin (non-GMO source), cellulose, magnesium stearate (vegetable source). Capsule consists of hydroxypropylmethylcellulose and titanium dioxide. No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Keep refrigerated.
Free of major allergens.
Suitable for vegetarians/vegans.

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**VEGGIE
CAPS**

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